

The Island Current

Published on City Island, New York

Second Class Permit
Paid at Bronx, N.Y.
USPS 114-590

Volume 35 Number 8

October 2006

One Dollar

HAPPY 35TH ANNIVERSARY TO THE ISLAND CURRENT!

How the Current Got Flowing

By BARBARA DOLENSEK

Like many small communities, City Island has always relied heavily on volunteers—from parents who help out at the school or with scouts and Little League, to adults who work for local organizations, such as the AARPs, the Chamber, the Civic Association, the Garden Club and the Historical Society. One especially dedicated group of volunteers has helped keep *The Island Current* going for more than three decades, and the 35th anniversary seems like an appropriate time to give a nice round of applause to that ever-changing, ever-evolving newspaper staff.

Gerry Clancy describes vividly the beginning of the paper on page 3, so all we need here is a list of the people who were involved right at the start: Robert Bruno, Gerald Clancy, Robert Oliver, Elizabeth Oliver, Marie Peterson, Terri Sander, Maureen Sheridan, Yvette Silverstein, Joseph Teti, Barbara Towar, Maurice Whitman and Julia Yurwitz. Julia became editor by January 1972, when the staff was joined by Marilyn Wertenbaker and Debbie Meisels. Many of these volunteers were members of Pride Unlimited, a collection of inspired activists who wanted to help City Island retain its traditional character, then under siege from developers and other infidels.

This group was joined by Sally McPherson in December 1972, perhaps in response to an ad that had appeared in October: "The Current Needs YOU." Bernie Witlieb also joined the staff around this time and has for years written wonderful histories of City Island using old Westchester County and Bronx newspapers.

In September 1973, the paper went on a "long winter's hibernation" and reappeared with the April 1974 issue and some personnel changes. Debbie Meisels was now editor, and many new names appeared on the masthead. By September Sally was managing editor and shortly thereafter became editor, a job she kept for 23 years, until she and her husband, Bob, retired to Appleton, Wisconsin, in 1997. Her successor, Karen Rauhauser Nani, a clam digger, had no experience with the newspaper, but Sally figured that Karen, who was already active as an Island volunteer, would be able to handle the complicated tasks of gathering volunteers, assigning articles, organizing photographs and supervising the editorial, advertising, subscription, and business aspects of the paper.

The very first issues were informative and fun, running the gamut from news articles and strongly worded editorials to columns with recipes and boat-maintenance advice. The paper sold for 15 cents an issue at the beginning, and then as now, some of the expense was borne by advertising as well as by subscription.

At first the newspaper was composed on a typewriter, though eventually the articles were set in type by a professional typesetter in New Jersey. There were many trips from one house to the next, as staff members collected material, dropped it off to be typed and edited, and then sent it to the typesetter, after which it was proofread and then pasted up into mechanicals that were hand-carried to the printer in New Jersey. During "roll down," when the paper was printed, the staff would eat lunch and indulge in some shopping; then they would drive the papers back to City Island and be-

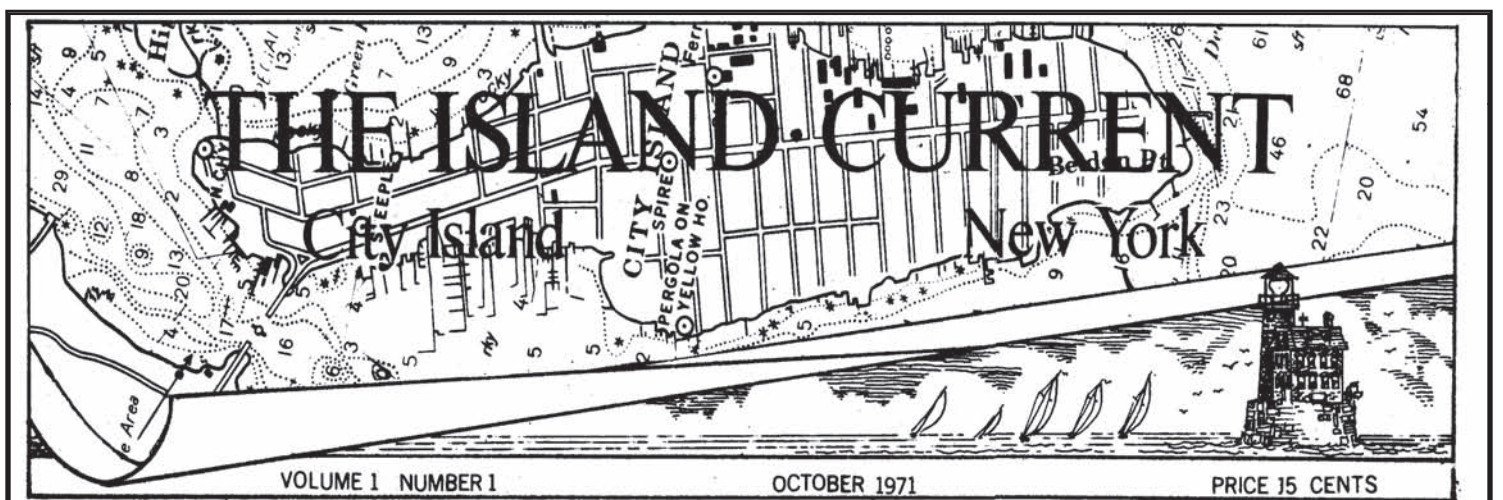
gin the business of distribution. Today's staff can often be seen once a month at the diner having "roll down breakfast" in honor of the old days, although the paper is now produced almost entirely by computer.

Indeed, around the turn of the millenni-

attaching mailing labels for subscribers and delivering copies to the Post Office.

Readers often question why it takes four days to produce *The Current*, when the *Times* can get out a huge daily paper in a few hours. Leaving aside the fact that the *Times* has a huge, well-paid staff, *The Current* is printed for posterity on high-quality paper that will last for years. This means that the papers have

dled most aspects of *Current* work, starting 30 years ago in 1976 with short feature articles and then working as the copy editor before handing that job over to Barbara Dolensek in 1985. Judy then did proofreading, billing for advertisers and keeping the books, eventually becoming business manager, a position she still holds. Russ Schaller is another veteran, having been tapped by Sally as cartoonist when she



City Islanders:

"What this place needs is a newspaper." Here it is, THE ISLAND CURRENT.

This newspaper was started because it seemed to us that the windows of the various no longer adequate for of City Island. To present a problem, opinion, or just local news is often more colorful accurate.

Therefore we are providing you with a forum. Please consider THE ISLAND CURRENT yours. Let us be the collectors and publishers of what you want to tell the people of City Island. As this newspaper is not associated with any organization, we feel that we may fairly represent all of the people of the Island. There are several columns that we expect will be in every issue. "Meetings Folks" is a column that will tell you where you can meet some of your fellow City Islanders

by giving you the dates, times, and places of the meetings of the various organizations on the island. "The Merry-go-round" will be a regular column.

City Islanders:

"What this place needs is a newspaper." Here it is, THE ISLAND CURRENT.

bring people and their ideas together. So we want your contributions for many of the columns in this paper. We hope you will give us your ideas for "Frank Lee Speaking," a space for airing gripes, handing out plaudits, proposing solutions, or presenting a problem.

If you have a great recipe for bread that you would like to share, send it to us, and we will put it in the "Gourmet" column.

Do you know any interesting City Islanders? Don't keep them a secret. Let us interview them. For those of you who are interested in boats:

"At the Helm" thing. If local thing, "Once Upon All you in on some so much a part of e that this paper late without a "Young People's ve them informa- special events, books, and news of special interest to them.

What local newspaper would stand a chance without a gossip column; ours is on the back page, and is called "The Talebearer." There is a "Games" column which will cover local sports. We invite you to contribute feature articles for this space.

We hope you will enjoy THE ISLAND CURRENT.



A Good CUT RATE Cleaners Can Change Your Whole Outlook in the SAME DAY!



um, *The Current* went digital, and articles are now written and edited on PCs and emailed to Marguerite Chadwick-Juner, the art director, who sets the type and does the page layout entirely on her Mac. A CD-ROM containing the whole file is then sent to Hi-Speed Printing in the Bronx, and four days later, the paper is ready for distribution, which the staff does the same old way—taking copies to local stores,

to dry for some time before they can be folded, and this kind of care takes time. Between December 1987 and April 1990, to save money, the paper's staff chose a less expensive paper, but it yellowed so quickly that no time was spared in getting the paper back on the good paper.

One long-time staff member, for years Sally's right hand, is Judy Rauh, who has han-

saw him carrying signs at one of City Island's famous protest rallies (no one now remembers for what).

Sally was known also to tap her neighbors on Reynolds Street, and Jeanne Sadler Pezone put in 12 years as subscription manager and roll-down assistant. Catherine Scott was another invaluable member of the staff, not only

Continued on page 3

BRIEFLY...

BATTLE OF PELL'S POINT ENCAMPMENT AND TOUR.

On Saturday, Oct. 14, St. Paul's Church and National Historic Site, 897 South Columbus Avenue in Mount Vernon, will present between 10 a.m. and 4 p.m. an encampment that commemorates the nearby 1776 Battle of Pell's Point. The day's events will include lectures on the American Revolution, musket firing and militia drill, period music and dancing, dramatizations, crafts and cooking, historic children's games and toys, with dozens of costumed re-enactors representing the armies that fought in the Revolutionary War. Educational programs will be held for school groups on Thursday and Friday, Oct. 12 and 13. On Wednesday, Oct. 18, at 10 a.m. there will be a walking tour of the Split Rock Golf Course, in Pelham Bay Park, site of the Revolutionary War battle of Pell's Point. Reservations must be made in advance through St. Paul's as space is limited; call 914-667-4116 for details.

IBS SEMINAR: For more detailed information on how to treat IBS and other digestive disorders naturally, please attend Dr. Dean's upcoming seminar on Digestive Health at Temple Beth El, 480 City Island Avenue, Thursday, Oct. 19, from 7 to 9:30 p.m. For more information and to purchase advance tickets, call Exotiq at 718-885-3090. The seminar will focus on natural treatments for heartburn, GERD, ulcers, gas, bloating, IBS, Crohn's, colitis, diverticulitis and weight gain.

A.R. GURNEY'S PLAY "SYLVIA" will be presented by the City Island Theater Group on Oct. 27 and 28, Nov. 3 and 4, at 8 p.m. with matinee performances on Oct. 29 and Nov. 5 at 3 p.m. at the Grace Episcopal Church Hall, 104 City Island Avenue. Call 718-885-3066 for ticket reservations. Don't miss this great show!

TOWN HALL MEETING WITH POLICE DEPARTMENT, hosted by the City Island Civic Association, will be held on Wednesday, Oct. 25, at Trinity Methodist Church Hall, Bay Street at City Island Avenue. There will be no regular meeting of the Civic Association in October, so everyone is invited to attend this meeting, at which the Police Department will provide a follow-up to the town hall meeting held last spring.

ST. MARY, STAR OF THE SEA FALL CARNIVAL will take place on Friday and Saturday, Oct. 20 and 21, from 6 to 11 p.m. and on Sunday, Oct. 22, from 1 to 9 p.m. in the schoolyard. Please come and join us for family fun. Parking is limited, so please try to walk or use public transportation, and be respectful of our neighbors and park legally. A number of other events are planned for the school, including Turkey Bingo just before Thanksgiving, a Christmas Fair, Casino Night in February, and a St. Patrick's Day Dance. For more information, call the school or log on to the Web site www.stmarystaroftheseacityisland.com.

FREE FLU SHOTS will be offered to residents 19 years and older on Tuesday, Oct. 24, from 1 to 4 p.m. at Trinity Methodist Church, 113 Bay Street. Appointments are required and may be made by calling the office of Council Member James Vacca at 718-931-1721 and speaking with Jennifer Rivera. Mr. Vacca is a sponsor of the program in conjunction with the Visiting Nurse Service of New York and the NYC Department of Health and Mental Hygiene.

SAFE BOATING COURSE: The City Island Squadron, a unit of the United States Power Squadrons, will conduct an eight-week safe boating course at the City Island Yacht Club, 63 Pilot Street, beginning Monday, Oct. 16, from 7:30 to 9:30 p.m. Registration will take place at the first class starting at 7 p.m. Participants must be 14 years of age or older and will be provided with a Personal Water Craft (PWC) certification upon completion. Topics include boat types, terminology, seamanship, navigation aids, charting, compass, rules of the road, marine radio and more. Instruction is free. The cost of student materials is \$70 and includes manual, dividers, plotter, marlinspike rope and Maptech CD-ROM. Call James Duffy at 718-863-3855 or email Peg Morton at pegfmorton@aol.com for information and registration.

HALLOWEEN HAUNTED HOUSE: The ninth annual City Island Community Center Haunted House provides a safe, fun activity for the City Island residents on Halloween night. This year, the Haunted House is gearing up for its greatest scare fest yet, thanks to an expanded budget and strong leadership. Tuesday, Oct. 31, 7 p.m. to midnight. Adults: \$5, Children: \$4. \$1 off with a can of food (collection goes to East Bronx Hunger).

Island Residents Arrested in Violent Confrontation

By BARBARA DOLENSEK

Early in the morning of Saturday, Sept. 16, 2006, shortly after 2 a.m., a fight broke out in the street outside the Breakers, a bar at 427 City Island Avenue, which resulted in severe injuries and some serious charges against two City Island residents and one off-Islander.

According to police reports, Eric Halstead, 25, of 700 Rhinelander Avenue in the Bronx, hit an off-Islander named Louis Solano in the head repeatedly with a golf club. He was allegedly joined in the assault on Mr. Solano by the two Islanders, Matthew McManus, 25, of 239 City Island Avenue, and Gregory Cea, 22, of 298 William Avenue, along with two other individuals who were not apprehended. All of the men hit the victim on the head and body repeatedly with golf clubs.

Police Officer Patrick Hanlon of the

45th Precinct reported that Mr. Solano had a "large bleeding laceration to the rear of the head and the base of his skull" and was bleeding severely. He was taken to Jacobi Medical Center, where he was initially classified as "likely to die." He has since been released from the hospital.

Eyewitnesses told *The Current* that Mr. McManus was subsequently stabbed in the back with a broken golf club; he too was hospitalized at a local hospital, where he was arraigned on Sept. 18. He, Mr. Halstead, and Mr. Cea were charged with attempted murder, several counts of gang assault, menacing, harassment and criminal possession of a weapon.

The three defendants plead not guilty at arraignment and were released on their own recognizance. They are scheduled to appear in court on Nov. 2.

9/11 VICTIMS HONORED

Police Officer John D'Alara, twin brother of City Island resident Daniel D'Alara, and Firefighter Vincent Princirota, were honored on Sept. 30, 2006, by having a street at Allerton and Bronxville Avenues renamed in their memory. Both men were first responders at the World Trade Center on Sept. 11, 2001, and sacrificed their lives in the tragedy.

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CONTRIBUTING ARTISTS: Russell Schaller Sr., Stephanie Ribaldo, Melissa Koller, Marge McNulty, Lorraine Nicoletti. Masthead and special artwork by the late Theodore J. Mazaika.

Typeset by Marguerite Chadwick-Juner, Witworks Studio Graphic Design, 33 Earley Street, City Island, N.Y. 10464
 Printed by Hi-Speed Printing Co., 1123 Worthen Street, Bronx, N.Y. 10474
 The Island Current (USPS 114-590) is published monthly except for January and August by the Island Current Inc., a not-for-profit organization. Subscription rate, \$10.00 per year. Single copies, \$1.00. All subscriptions, editorial, advertising and other correspondence must be mailed to: The Island Current, P.O. Box 6, City Island, Bronx, NY 10464. Display advertising deadline is the 10th of the month preceding publication, call 885-0984 or 885-0760. Copyright 2006 by The Island Current, Inc., 724 King Ave., City Island, Bronx, NY 10464. All rights reserved.
 SECOND CLASS POSTAGE PAID AT BRONX, NY.
 POSTMASTER: Send address changes to The Island Current, P.O. Box 6, City Island, NY 10464.

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A dedicated and ever-changing group of volunteers has helped keep *The Island Current* going for more than three decades. Many of the early founders in the 1970s were members of Pride Unlimited, a collection of inspired activists who wanted to help City Island retain its traditional character. Sally McPherson took over as editor in 1974 and then handed over the reins to Karen Rauhauser Nani in 1997. Shown above are some members of the staff at Ms. McPherson's last roll-down (l. to r.): Ms. Nani, Veanna Murphy (the typesetter), Marguerite Chadwick-Juner, Russell Schaller, Jane Muller and Mrs. McPherson.

Current Got Flowing

Continued from page 1

because of her nose for news and her knowledge of City Island history, but also because she worked at Community Board 10 and had access to off-Island information that affected on-Island residents and businesses. Cathy's death in 2001 left a large hole in the staff that has never been satisfactorily filled, although Karen and Barbara try to gather as much news as they can.

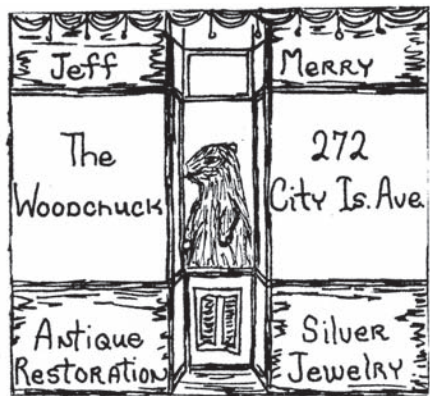
The staff tries to maintain the high professional standards set over the years, but the paper has a limited budget and limited space. As an early editorial put it, "We don't walk the Avenue with pen and pad noting gossip. We can't pay reporters to 'cover a beat.' We depend on Islanders to send up their news and on a few of our dedicated staffers to cover certain stories. If you or your organization are planning an event, you must help by giving us plenty of advance notice. Send us press releases and photographs. If you feel strongly that an article should be written about a certain subject, we will be glad to help you write it in proper journalistic form. That's how this paper gets published—a lot of people working together rather than expecting other people to do it."



One set of staff members that doesn't get involved in the publishing aspects are the columnists or regular feature writers, on whom the paper depends for variety and interest. Dr. Fred Hess, a distinguished scientist and astronomer, entertained readers for 25 years with his column "What's Up, Doc?" Ruth Cronk wrote her personal observations in her column "Philosofizen," and years later Debby Kall's "As Time Goes By" (now available in book form from the City Island Nautical Museum) included her own observations of growing up and raising children on City Island. Dr. Louise Squitieri's "Biodoc" about local marine biology ran for several years, an ecological niche

now filled by "Sights and Sounds," written by John Sheridan (nephew of one of the *Current* founders) and his wife, Marie Sutherland. Marsha Treiber has contributed her perceptive film reviews in "Marsha's Movie Mania" for more than 17 years, and Bill Clancy (brother of Gerry) has produced his annual (and hilarious) review of the New York Boat Show for more years than that.

"School News" has been a long-time tradition of *The Current*, with the first list of graduates appearing in the first year of publication. Virginia Dannegger is now the "School News" editor, but she was preceded by a long distinguished line that included Carole Phillips and Annalea Ricci.



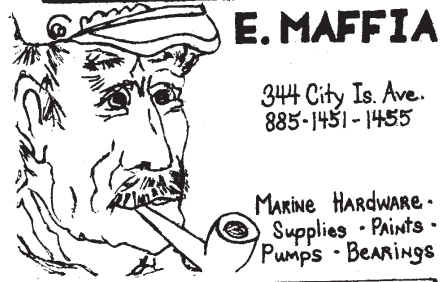
Ads from the first *Island Current* are scattered throughout this article

"What's Going On" was originally started by Carmen Mason as a way to showcase local events taking place in shops and galleries, and profiles of various Islanders have been published since the very early days. One of the paper's favorite features is "The Talebearer," which also began in the very early issues; today's "Talebearer" editor, Maria Swieciki started on the job in the Winter issue of 1987 with the retirement of Gloria Kenny and Barbara McIntyre, who had been the talebearers since 1973.

Another favorite feature of *The Current* is the art work, which right from the beginning set a very high aesthetic standard, with Ted Mazaika's front-page design and illustrations throughout by a long line of talented artists, including Celeste Conway, Ellen LeBow, Geri and Ken Axen, Marilyn Eisner, Mark Whitcombe, Stephanie Ribauda (who was art director for many years) and Marguerite Chadwick-Juner (who has been art director since 1991). Full-page cover illustrations each month are, unfortunately, a thing of the past but they do appear at Christmas time, often as a photo montage of Islanders who have appeared in the paper during the year.

Photographs have always been an important feature of the paper, and we are fortunate to have Rick DeWitt, a professional photographer, as our primary supplier these days. He was preceded by another great photographer,

Rena Hansen, who retired to Ohio a few years ago, and others, including Ron Turner and Debby Kall, have enriched the paper's aesthetic and documentary value over the years.



Like all good community newspapers, and all of *The Current's* predecessors on City Island, this paper has made a strong effort to inform residents about issues affecting the community and, when appropriate, to take an editorial stance in order to elicit action or to persuade readers to get involved. In the past few years, *The Current* has gone to bat for and against a number of changes, some of them

imposed by outsiders, some of them supported by residents. These include the construction of a breakwater between Hart and City Island (defeated), Special City Island District Zoning (succeeded), the construction of a power plant on Hart Island (defeated) and an amphitheater at Orchard Beach (defeated). The removal and threatened closings of the firehouse on Schofield Street have been the subject of much heated discussion several times in the past, as have the issues of traffic congestion, parking problems and vandalism.

There is not enough room even in a 20-page paper to list everyone who ever worked on *The Island Current* staff. Suffice it to say that there have been many volunteers over the years who have spent countless hours doing research, writing, chasing news, taking photographs, editing and fact checking, getting advertisers, paying bills and sending invoices, handling subscriptions and delivering papers, and all the myriad details that go into producing a newspaper worthy of its subject—the community of City Island.

Island Life in 1971

By GERALD CLANCY

Is it really 35 years and a lifetime ago? I'll definitely need charts, bell buoys and lighthouses to guide me through the fog of time. I wonder if any of the other *Island Current* founders imagined we'd have gray hair and still be thrilled with news from home. I'm looking forward to reading other recollections of how it came to be.

The year 1971, for me anyway, was the best and the worst of times: Vietnam, the bombing of Cambodia, Nixon, Kissinger and Haldeman were in the news every day. NASA made two trips to the moon, where Alan Shepard hit golf balls and Jim Irwin drove a "moon buggy." The Big Apple was still struggling through citywide bankruptcy, the Bronx was burning, Taki 183 was covering the city in graffiti, Don Maclean was singing "Bye, Bye Miss American Pie" (apparently about life at Iona College) and John Lennon wrote "Imagine."

My recollection, perhaps seen through hair in my eyes and rose-colored granny glasses, is that City Island was also at a turning point. The age of fiberglass killed the shipyards, while off-Island mega-malls closed our small shops. Our shorelines (i.e., Vidal's, Bowne and Cross and Pilot Streets) were being altered, illegally filled in and polluted. Unchecked development had begun, and new faces and values were replacing our traditional small-town gossipy Island life, where you knew everybody and tolerated their quirks. Our "greatest generation" was growing older and tired of running all the community events for the newcomers and the too-busy-to-join "me" generation.

A few of us organized a loose group of volunteers from all ages and walks of life to help solve our perceived community problems—littered sidewalks, local apathy, not much for teenagers or young families to do, and green earth/clear water concerns. We wanted to get involved in everything, so we started PU (Pride Unlimited). We were an ever-changing collection of idealistic dreamers, young moms, old-timers, judges, doctors, boatyard workers and a few jerks who enthusiastically tried to bring us all together and create a better place.

Our methods were not always appreciated, but we were often effective. We goaded businesses into cleaning their own sidewalks and got the Sanitation Department involved in cleaning the Avenue. We helped take back the Hawkins Street Park from roving knuckleheads for family use, including getting the dolphin sculpture and providing regular "happenings," such as puppet shows, and we rejuvenated the Halloween Parade tradition. Our Black Whale rummage sales turbo-boosted the drive to raise money for the first City Island ambulance. Some of our folks continued on to be active in the P.S. 17 Community Center and COLONY. I like to believe PU planted a seed for more vol-



Gerry Clancy

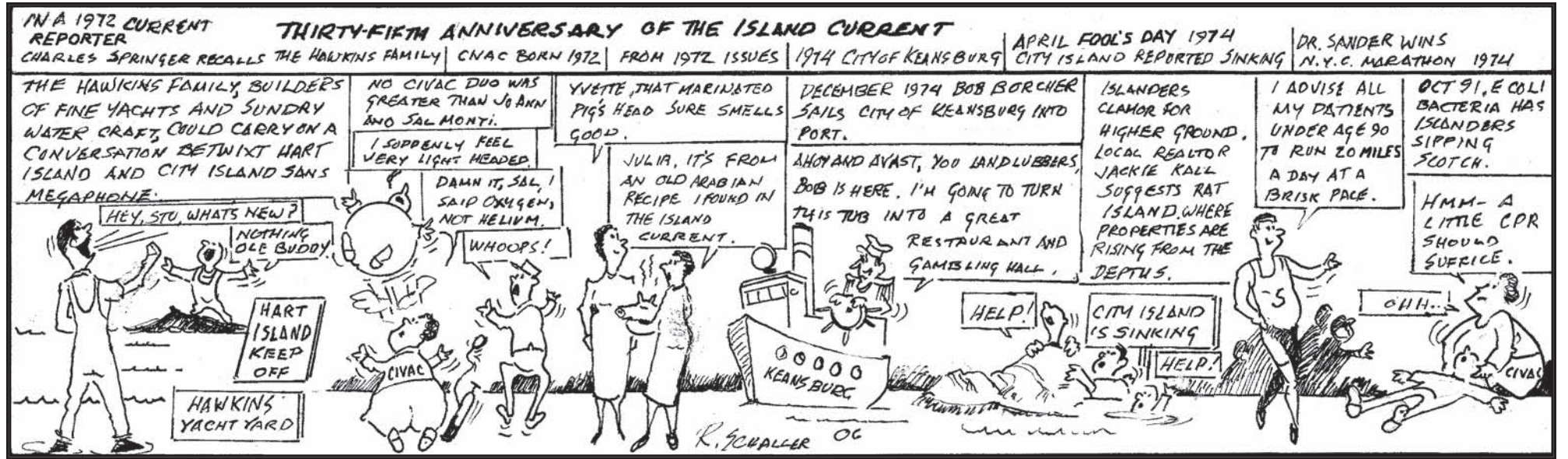
unteers and neighbor involvement, and the idea grew. Island heroes, including Virginia Gallagher, Connie Cantor, Ulla Brennan and Maryanne Clancy, worked behind the scenes. Howie Dalessandro not only kept our Scout troop organized, but his grant writing over the years brought over a million dollars to Island activities and organization. These folks gave their time to all of us.

Throughout this renaissance, PU knew we had to find a way to improve communication. This was, after all, the days before computers, e-mail, cell phones and Blackberries. (I think our family still had a black-and-white television, and Big Wilson had his own radio show.)

Bob Borchers, owner of Thwaites (and a few miserable schemes and landfills) was then president of the City Island Civic Association. Boyhood buddy Eddie Francis and I asked Bob to place some PU publicity in their CICA newsletter, but when that didn't happen, we had to come up with a new plan. Plan B was to create a forum for people to learn about local events and have an option to comment. Our hopes were to develop some common causes, new traditions and maybe renew pride of living in such a unique place, so near the shadows and hustle of the skyscrapers. I also wanted to add spice, raise some hackles and poke a little fun at Bob, as well as at other local characters. As I look back, *The Current* also serves as a "captain's log," a history of the Island, a record of the controversies, businesses and people who are no longer with us.

So once again, with the support of our multi-talented neighbors, friends and their friends and contacts, we started our own paper (and hoped we wouldn't lose money; each issue cost only 15 cents). It was really a collaborative effort of love and laughs. As editor and bundle of energy, Julie Yurwitz held us all together; we met weekly at her house and she probably had the final say

Continued on page 18



We welcome letters and opinions. Letters longer than 250 words will be edited, with every effort made to preserve their substance. We reserve the right not to print letters that are copies, libelous, inaccurate or in bad taste, or those that cannot be verified. Include your phone number. Anonymous letters will not be printed, but names will be withheld upon request.

Thank You, DOT

A copy of the following letter was received by The Current.

Commissioner Constance Moran
Department of Transportation
1400 Williamsbridge Road, 2nd floor
Bronx NY 10461

Dear Commissioner Moran:

I would like to thank you for the quick response and resolution of a dangerous situation that existed on the Shore Road between Bartow Pell and the city limit for several years. As I stated in my letter to the borough president of May 31, 2006, this section of the Shore Road flooded every time it rained heavily, which in turn necessitated that motorists driving in the southbound lane veer into the northbound lane in order to avoid the flooding waters. The sewer drain that was installed and roadway repair completed by the Bronx Roadway Repairs and Maintenance Crew on June 22 appears to have resolved this problem.

Thomas J. McShane

Happy Birthday, Island Current

To the Editor:

It's an amazing thought that *The Island Current* is 35 years old. I cannot tell you how proud I am of the present editor and staff—all of you, including readers and advertisers. It's one of the few volunteer organizations I know of that has faithfully stayed with its mission. Some of you may never completely realize how important *The Current* is to so many, and in so many different ways. But be assured that it is.

I am delighted with all the new persons and with the number of accomplishments and activities I read about.

I miss the Island and look forward eagerly to each issue. Keep up the good work!

Sara (Sally) McPherson
Appleton, Wisc.

Current Thoughts

To the Editor:

It was about August or September 1976 that I met Sally McPherson at a Civic meeting. She had seen me walking my daughter Beth, who was a year old, on the avenue, and she said to me, "Are you looking for something to do other than child care?" So I was brought in to the maelstrom that was Sally and *The Island Current*. The paper

was just changing over to cold type—thank heavens I didn't have to actually paste-up with paste!

Initially I wrote short feature articles—improvements at Orchard Beach and the like. I covered the visit by Mayor Beame to the Community Center when the city turned the old P.S. 17 building over to the neighborhood and a youth program was started. I wrote obituaries, did a sports column called "Running Around" and was copy editor after Bruce Thaler left. I also did billing for the ads and kept the books. I don't remember when I started proofreading, but I did that for many years, and was glad to give it up because after a while, your eyes just don't see the errors.

I went to roll-down for a lot of years, until I returned to work when Beth started high school in 1989. We had such fun doing roll-down, seeing how the paper would look. While the paper was printing, we would go out for lunch and then shop in the outlets. I also filled in as editor the first summer that Sally bought the cabin in Wisconsin. The first page plan I did was short four pages of copy! I called Stephanie Ribaudo in a panic. Somehow we increased the top and bottom margins, and used a lot of historical filler, and came up with a full paper.

So it's been 30 years, and now I mostly just keep the books, paying the bills and such. When I first started that in 1979, I used a big green ledger, and had to calculate the annual report by hand. Thank heavens for Quick Books! I also keep a database for mailing to staff, and otherwise try to keep *The Current* solvent.

The best part of *The Current* was and is Sally McPherson. She brought out the best in all of us, and gave us the opportunity to do things that many of us might not have tried on our own. My work at the paper brought me to many freelance writing and editing jobs and also helped me get a job at

a publishing company when I returned to the workforce.

Thirty years! What a ride it's been!

Judy Rauh

Celebrating Hy Cantor

To the Editor,

I would like to thank everyone who came to the Temple Beth-El on June 22, 2006, to celebrate the life of my husband, Hy Cantor. I wanted the speakers to recall happy events not sad occurrences. It was a wonderful day of remembrances by Robert Berent, former president of Temple Beth-El; Mort Ellis, current president of the temple; Michael and Valerie Cantor, Hy's son and daughter-in-law; Samuel and Joshua Diaz, Hy's son-in-law and grandson; Theodore Roosevelt High School's Teddy Bear Club of Retired Teachers; Virginia Gallagher, an old friend; Nan Kaplan, a friend and co-worker; Christine Stuttig, a friend of the family; and Steve Swieciki, a neighbor.

My son and his family drove up from

Virginia for his father's celebration. I ended the program by relating how I met and later married my husband.

Special thanks also go to Mort Ellis and Robert Berent for all their work on June 22; to Paul Klein for setting up the chairs; to Seafood City for allowing our guests to park in their parking lot; and to the Pirraglia family for the beautiful flowers sent to the temple in Hy Cantor's name.

Again, thank you to everyone who came that day. May City Island continue to be a special place for everyone living here.

Connie Cantor

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"ALL THE NEWS THAT'S ISLAND NEWS"

By BARBARA DOLENSEK

Although *The Island Current* has been a tradition for 35 years, it is not the first and it may not be the longest-running newspaper published on City Island. Let's begin at the beginning.

One copy survives of the weekly *City Island Pilot*, dated Dec. 10, 1892, as vol. 1, no. 6, indicating that the first issue came out during the first week in November that year. Published by John M. Taylor, the newspaper was "devoted to the interests of City Island and the town of Pelham NY." (City Island was part of Pelham until 1895, when it was annexed by the City of New York.) In addition to a strongly worded editorial about the need to improve the streets on City Island, the publisher included an article decrying the behavior of young Island boys between the ages of 12 and 16 who had taken to stealing fruit from orchards and cellars. "These are the boys who, when they become men, will not be content with apples but will, when the night is favorable, help themselves to other men's oysters."

In 1894 Orrin F. Fordham, a resident of City Island, a mason and plasterer, and a descendant of the Orrin Fordham who revolutionized the oystering business, decided to start his own community newspaper, which he called the *City Island Drift*, "devoted to the interests of the Town of Pelham and City Island." As proprietor and publisher of the Drift Publishing Company, Fordham brought out a new issue every Saturday and charged \$1 for a year's subscription (payable in advance). All of the articles and advertisements were handwritten at first, although by September 1894, the paper was set in type.

In addition to local news, the *Drift* included advertisements for Island businesses and powerful editorials. For example, Fordham complained about too much off-Island traffic and the poor condition of the City Island bridge (the one built in the 1860s). He was also very much against the annexation of City Island by New York City ("because of the unfitnes of a city government for a town like this"), and he made no bones about it in his paper. Indeed, after the votes for and against annexation were counted in both Pelham and City Island, he claimed that the vote in favor of annexation was illegitimate, although a number of prominent businessmen supported the move in order to help City Island improve its infrastructure.

The last issue of the *Drift* on deposit in the City Island Nautical Museum was published on June 10, 1899, but soon thereafter, the *City Island News* appeared. The masthead indicates that it was started on March 22, 1901, but only a few issues from 1902 survive. The paper was published weekly by George W. Engler "in the interest of City Island and vicinity," and it contained news, advertisements, announcements and organization reports.

Later issues of the *News* in the Nautical Museum date from 1912, 1934-35 and 1952-53, but it seems unlikely that this paper was published continually through those years, because there were different editors involved and because other newspapers were published intermittently during those years, including the *City Islander* in 1913 and the *City Island Star* in 1932.

The 1912 *City Island News*, edited by Robert H. Sildorff, contained international and national as well as local news but was supported by local advertising. *The City Islander*, published in 1913, was a weekly published by D. T. Appleton, and its stated purpose was to be

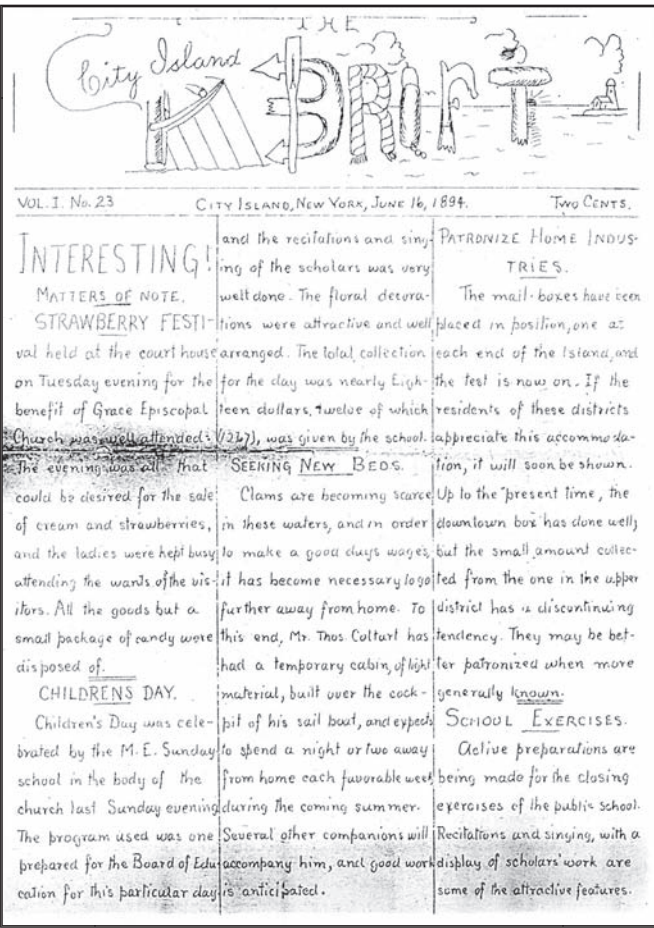
"optimistic in tone, non-partisan in politics and creed, and quick to uphold the rights of the people." Like *The Island Current* of today, the paper contained a local tide table, but the paper does not seem to have continued publication much beyond 1913.

In 1932 the *City Island Star* began publication under the aegis of Sandy Jacobs, printed by the Coronet Press on City Island, "to foster a more neighborly and friendly spirit to make City Island a better place in which to live." A year or two later, in September 1934, the *City Island News* appeared again with Austin Ford Jr. as editor and with the subtitle: "All the News That's Island News." The paper's stated purpose was similar to that of the *Star*: "to foster a spirit of unity and friendship among

the Islanders so that they may work together and make City Island a better place in which to live." This paper lasted at least two years; the last issue in the Museum is dated Aug. 8, 1935.

The *City Island News* is next represented in the Museum's collection with an issue dated Dec. 18, 1952. Edited by Jim Standridge, this generation of the *News* was a bi-weekly intended "to bring out some of the old community spirit in everyone," implying that there had not been a newspaper for some time. The last issue in the Museum is dated January 1954 (vol. 2, no. 3), although it is possible that it survived for a longer period. Like its predecessors, the paper contained local news and ads, organization news, letters to the editor, some recipes and editorial commentary ("We

Continued on page 17



CITY ISLAND: THEN AND NOW

By BARBARA DOLENSEK

Since *The Island Current* made its first appearance, in October 1971, a great deal has changed in this community and a great deal has stayed the same. Some of this has been for the better, some for the worse. Let's look at some examples.

Perhaps the most significant change on City Island is that the boat-building business is no more. The last boatyard to produce yachts was the Minneford Yacht Yard, which built its last boat, *Morning Star*, in 1982.

In 1971 the yard launched the sloop *Lightnin'* which was so fast that Ted Turner bought it from the first owners, and Turner became the last true amateur to win the America's Cup, when he skippered *Courageous* in 1977. *Freedom*, which won in 1980, was the last Cup defender to be built on City Island.

Because of high taxes and increasingly stringent laws covering marinas, to say nothing of the increased value of waterfront property, many marinas and boatyards have gone entirely out of business since 1971. Among them were Nevins Shipyard (which was located where P. S. 175 is now) and United Boat Yard on Carroll Street, now a condominium called (what else?) the Boatyard. And the famous Robert Jacob shipyard on Pilot Street is now the site of Pilot Cove Manor, which opened its doors to senior citizens during the 1980s.

Much of the Bridge Boat Sales property at the north end of the Island is now covered with two-family houses, and Tri-Boro Marine Services, originally the site of B. F. Wood Boat Yard, is a vacant piece of property on Marine Street that has been waiting over 10 years for condominiums to be constructed. Royal Marina, which was the Thwaites marina in 1971, is also vacant awaiting development, as is the International Underwaters Contractors (IUC) site on Fordham Street.

The good news is that Consolidated, Minneford (in two parts, Minneford Marina and South Minneford Yacht Club), Stelters, Barrons and Island Boat Club are still in the marine-service business, as are the yacht clubs, including the Morris, the Stuyvesant, the City Island, Harlem, and the Touring Kayak Club. The building that housed Ratsey and Laphorn Sailmakers is now a condominium called, you guessed it, The Sailmaker, but sails are still made on the Island by UK Halsey and Doyle-Hild, even if these lofts are owned by larger, off-Island firms.



The City Island Cigar Store, now Exotiq.

And there are some new (since 1971) marine-related businesses, including West Marine, Boatmax, City Island Yachts, Captain Mike's, the New York Sailing Center and the Sailmaker Marine Service.

Several Island institutions that existed in 1971 but have changed significantly include P. S. 17, which is now a condominium called Nautical Winds (and the location of the Community Center and the Nautical Museum); the Post Office on Tier Street, which is now the Crab Shanty; and the movie theater near Ditmars, which is now the IGA market. The library building, which opened its doors at its current site one month before *The Island Current* began publishing, has expanded significantly, and the diner next door, which has served numerous types of food since the 1930s (remember Cook's Diner, Spouter's Inn and Tijuana Trolley?), will be replaced, we hear, by yet another restaurant.

Other, perhaps less significant changes reflect off-Island corporate changes on a national scale. City Island's only bank is no longer a Manufacturer's Hanover branch but a Chase branch (and ATMs may now be found at several spots on the Island). The Esso station at Ditmars is a Sunoco station and our only purveyor of gas, now that Dave Carman no longer has gas pumps. The building that housed an Italian restaurant at the entrance to City Island is now home to Dunkin Donuts and Subway. The empty storefront between them is a reminder that there are more than 20 unoccupied storefronts on City Island, which probably reflects the shopping habits of Island residents drawn to major chains on the mainland.

Gone are the Chinese laundry, the two barbers, the five and ten-cent store and a cigar store where you could actually buy cigarettes and newspapers, but some businesses are much the same as they always were, though under new management. J. J. Burke (which advertised in the *Current's* first is-

Continued on page 17



Cautious Driving Urged Around Sewer Work

By KAREN NANI



Photos by KAREN NANI

Drivers must slow down and be careful around the water-main and sewer replacement construction on City Island Avenue during the next few months. Above, Andy Macagnone (left) and Norberto Acevedo of DDC inspect the phase that began in September 2006 between Pilot and Earley Streets.

As the water-main and sewer replacement project moves onto City Island Avenue, drivers need to exercise caution and pay attention to signs, according to Andy Macagnone of the Department of Design and Construction (DDC).

Crews began digging a trench between Pilot and Earley Streets during September to replace the iron water-main pipes. Flagmen directed traffic into the fire lane (southbound) and parking lane (northbound) around the excavation and equipment.

This phase of the work will continue into October, according to DDC, and drivers should obey the flagmen, slow down and heed the "No Parking" signs placed on the avenue before construction starts, in order to avoid accidents and keep the project on schedule.

At a Task Force meeting on Sept. 28, 2006, DDC provided an update on the progress of the three-year project. Replacement of the water main on Schofield Street and Orchard Beach Road is basically complete, and there will be no more detours around the circle for the remainder of the year. At the meeting, community leaders, including Frank Fitts and Virginia Gallagher, complimented DDC and contractor Carp Construction for the efficient and courteous job they are doing.


For the remainder of this year, work will continue on City Island Avenue and on Schofield Street, where DDC is replacing the storm sewer outfall (from the 1960s) and sewer line on the north side of the street. "When it is finished in March 2007,

there will be a curb-to-curb restoration on Schofield Street, including the sidewalks," Mr. Macagnone told the meeting attendees.

Work on this phase will continue through the winter, barring any serious weather delays. Heavy equipment, including excavators, pile drivers and bulldozers, will be stored in the empty lot on City Island Avenue near Schofield Street (formerly CoPat).

DDC is also meeting with the principal of P.S. 175, Amy Lipson, in preparation for work on the avenue in front of the school at some point in 2007. Frank Fitts of the City Island Civic Association said he will request additional support from the 45th Precinct to handle traffic and insure the safety of the children moving in and out of the school.

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City Island resident, Dan Treiber, who has been promoting musicians on his independent record label, Crafty Records, for six years, will present an evening of music on Wednesday, Oct. 18, at 9 p.m. at **Six Mile Cross** 288 City Island Avenue. The groups will include the Unlovables (from Queens), Lemuria (Buffalo), Guitar Bomb (Brooklyn) and Ivan Sandomire (California/City Island). These musicians have played more than 500 shows throughout the country during the last three years. This show is one of many that will attempt to bring other touring artists to perform on City Island. Dan hopes that Islanders will attend and support this effort so that other musicians will be encouraged to perform here as well. For further information, log on to www.craftyrecords.net.

At the **Starving Artist Café & Gallery** 249 City Island Avenue (718-885-3779), October begins on Sunday, Oct. 1, at 3 p.m., when Ted Hoban makes his debut, performing Spanish/classic-style guitar. Then it's Open Mike Comedy Night on Thursday, Oct. 5, at 8 p.m. On Friday, Oct. 6, the blues duo Twin Flame performs, starting at 9 p.m. Bombshell, the "princesses of harmony," return to the café/gallery on Saturday, Oct. 7, at 8 p.m. On Sunday the 8th, Brian Conigliaro and Gus Wieland bring their "Two Guitars" acoustic jazz act to the café for a 3 p.m. performance. Thursdays, Oct. 12 and 19,

will introduce a new feature to the Starving Artist: "Take the Stage Thursdays." On these nights, there will be an "anything goes" open mike for songwriters, comics, poets, writers, actors to perform at the microphone, starting at 8 p.m. On Friday, Oct. 13, be with us for the debut of singer-songwriter Adrienne Nightingale, at 8 p.m. On Saturday, Oct. 14, songwriter Allan Chapman returns at 8 p.m., and on Sunday afternoon, Theresa Sareo will perform starting at 3 p.m. Friday, Oct. 20, will be the debut of songwriter Sharon Goldman at 8 p.m., and on Saturday, Oct. 21, City Islander Dr. Chris Wertenbaker and his group, Port O' Monkeys, will start performing at 8:30 p.m. There will be a celebration of the release of Lou Volpe's new jazz album, "Undercovers," on Sunday, Oct. 22, at 4 p.m. Open Mike Poetry Night will be on Thursday, Oct. 26, at 8 p.m. and Open Mike Songwriter Night on Friday the 27th at 8 p.m. Gallery owner/songwriter Elliott Glick will present an evening of his original music on Saturday, Oct. 28, at 8 p.m. Reservations are suggested! Kick back and finish off the month with the City Island Jazz Quartet on Sunday, Oct. 29, at 4 p.m. Elliott Glick will also give jewelry classes on Tuesdays, Oct. 3, 17 and 24, from 7:30 to 9 p.m., for a \$125 fee. For more information, or more on our schedule, visit www.starvingartistonline.com.

"Simple Pleasures," an exhibition of paintings by Laury Hopkins will be held at the **Focal Point Gallery**, 321 City Island Avenue, from Sept. 29 to Oct. 31, 2006, with an opening reception on Oct. 6 beginning at 7 p.m. The artist will present a painting demonstration on Oct. 21 beginning at noon.

Comedy for a Cure

On Thursday, Sept. 21, Island resident Carmen Colon held a "comedy night" fund-raiser at the Breakers on City Island for the benefit of the Leukemia and Lymphoma Society's Team in Training, which is sponsoring a marathon to be held in San Francisco on Oct. 22.

"I always wanted to run a marathon, and I found a wonderful reason to do so!" Carmen told *The Island Current*. The illness of a friend's daughter introduced her to the devastation of leukemia and gave her the motivation to enter the marathon. The money raised for that event will be used for family and patient support, as well as important research.

The Sept. 21 comedy event on City Island featured the volunteer talent of comedian Marc Viera and two friends, who have also performed at Caroline's Comedy Club on Broadway.

Joe Salzarulo of the Breakers noted

that the bar donated 20 percent of the proceeds from the night to the cause. Others, including Carmen herself, supplied food for those who came out for the evening and made a donation as they enjoyed a night of laughs.

If you wish to make a donation to Carmen's cause, visit her Web site: www.active.com/donate/tntnyc/irenefleming.

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Photos by KAREN NANI

A three-hour standoff between police and a resident of King Avenue ended without violence on Sept. 15, 2006. Nearly 20 police and fire department vehicles surrounded the perimeter of the scene, including an armored ESU truck, an NYPD Technical Assistance truck and a Hostage Negotiation Team van. Police ripped out a bush in front of the house and positioned the ESU truck by the front entrance (bottom photo). Weapons were discovered during execution of a search warrant and Islander Jeff Hanlon was arrested.

Police Standoff Ends Peacefully Despite Weapons and Drugs

By KAREN NANI

A tense standoff between police and a longtime resident of 427 King Avenue ended without violence on Friday, Sept. 15, 2006.

Jeff Hanlon, 36, was arrested and charged with menacing, criminal possession of firearms and unlawful possession of marijuana, following a three-hour effort by officers from the NYPD Emergency Service Unit (ESU), the Hostage Negotiation Team and the 45th Precinct to make him surrender.

The incident actually began the evening before when police responded to a complaint that the suspect was menacing his girlfriend, Maggie Flanagan. According to the Bronx District Attorney's office, Ms. Flanagan told police that "the defendant struck [her] in the right eye with a closed fist . . . then held a knife to informant's throat, stating . . . 'I'm going to kill you.'"

She also informed police that the defendant allegedly pointed a pistol at her while telling her: "If you go to the cops, I will kill you. If you call the cops or try to leave me, you won't know what hit you."

Based on this, a search warrant was issued on Sept. 15 for 427 King Avenue by Judge Raymond Bruce, and when police attempted to execute the search warrant, the standoff began. According to Captain Andrew Benjamin, executive officer of the 45th Precinct, police arrived at the residence on King Avenue between Bowne and Kirby Streets and asked to enter the premises. They determined that someone was in the house, but they were denied access.

"Once that happens, tactical units are called in with [bullet-proof] vested officers to gain entry to the premises," Captain Benjamin told *The Current*. There was also a "suspicion of weapons," so tactical mode procedures were used to insure everyone's safety. A team of ESU officers, many with automatic weapons and one with a police dog approached the house and banged on the front door for an hour demanding to be let in.

Meanwhile, officers canvassed the area and asked Islander Gerry Rivali, who lives three houses away, if they could enter his house and study the layout, which is the same as the Hanlon house. Police made a sketch of the floor plan, which was then brought to the officers staking out 427 King Avenue.

About 6:30 p.m., police entered the home and found Mr. Hanlon "sleeping underneath a bed." The defendant was taken from the scene in handcuffs and initially charged with menacing. There were no hostages or anyone else in the house, except for a dog, according to police. "No one was hurt and Mr. Hanlon was taken into custody without incident," Captain Benjamin said.

After Mr. Hanlon was arrested and taken off the Island, a search of his house began under the warrant. Police found several weapons and ammunition in a closet and a partition in the ceiling, including a Marksman pistol, a Sheridan rifle, a .22 caliber Ruger rifle, live .30-.30 caliber rounds, and a knife. The arresting officer said that Mr.

Hanlon did not have a permit, license or certificate of registration to possess a rifle.

In addition, police found a burned cigarette and a zip-lock bag with the residue of a dried, green leafy substance on a table which police "believed to be marijuana," according to the DA's office.

The intensity of the police response alarmed and surprised neighbors. About 50 officers, detectives and police superiors, including Captains Alles and Benjamin of the 45th Precinct and Chief Thomas Monahan of Bronx Borough command, responded to the scene and were staked out on both Kirby and Bowne Street corners. King Avenue resident Russell Schaller was ordered to remain in his house when he opened his door to see what was going on. Fred and Eileen Hess were told to go to the basement of their house.

Close to 20 police and fire department vehicles surrounded the perimeter of the scene, including an armored ESU truck, an NYPD Technical Assistance truck and numerous patrol cars. Members of the Menon family, who live at the corner of Bowne and King, said it resembled an episode of "NYPD Blue" with all the officers in helmets and vests like a SWAT-team.

According to police and the DA's office, Mr. Hanlon had been arrested two weeks earlier, on Aug. 31, on a report of domestic violence, but the complainant did not want to "go forward" and charges were dropped. Following the latest incident, he appeared in Bronx Criminal Court on Sept. 22 on charges of assault, menacing, five counts of criminal possession of a weapon, possession of ammunition and unlawful possession of marijuana. He pleaded not guilty at arraignment and was released on his own recognizance, the DA's office told *The Current*. Mr. Hanlon is due back in court on Oct. 31, 2006.

Neighbors said Mr. Hanlon was raised in the house with his parents and five siblings. His parents are retired and spend most of the year in Florida, according to King Avenue residents.

The perimeter of the scene was secured by the City Island detail from the 45th Precinct, including newly appointed police officers Luckie, Candrea, Williams and Christenson. Residents have come to know these officers, who spend most of their time on City Island.

Ironically, this section of King Avenue is no stranger to police activity, neighbors said. In 1990 Robert Fioretti was arrested at 440 King Avenue on charges of having stolen money from the bank account of his first wife, who had been missing for four years (and whose body was later recovered in the Hudson River). He was convicted of bank fraud and pleaded guilty to the rape and sexual abuse of the daughters of his second wife, whom he had married shortly after his first wife disappeared. Michael Vivian, who was arrested two years ago for vehicular manslaughter and recently released after serving a prison sentence, lives nearby on King Avenue at Bowne Street.

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COMMUNITY WALL UNVEILED

By KAREN NANI



Dubbed the "first public art project in the three-decade history of the school," a ceramic mural community wall was unveiled on Friday, Sept. 15, 2006, at Public School 175.

The artistic endeavor consists of 300 six-by-six-inch tiles created by City Island students, faculty, alumni, businesses, organizations and houses of worship. The fund-raising project was organized by members of the P.T.A. of P.S. 175, coordinated by Sue Bellinson, the parent of a fifth- and a seventh-grader at the school.

The unveiling represented the culmination of months of work, including two tile-painting sessions at the school and the City Island Community Center. During these sessions, members of the community donated tiles that they painted themselves or enlisted the aid of several artists who donated their time and talent to the cause. Among these artists were Bob Adams, Marguerite Chadwick-Juner, Cathy Devlin, Elliot Glick, Caroline Hajar, Laury Hopkins, Donald Kolb, Ann McGuire, Doris Nicolletti and Jane Protzman (second photo, right).

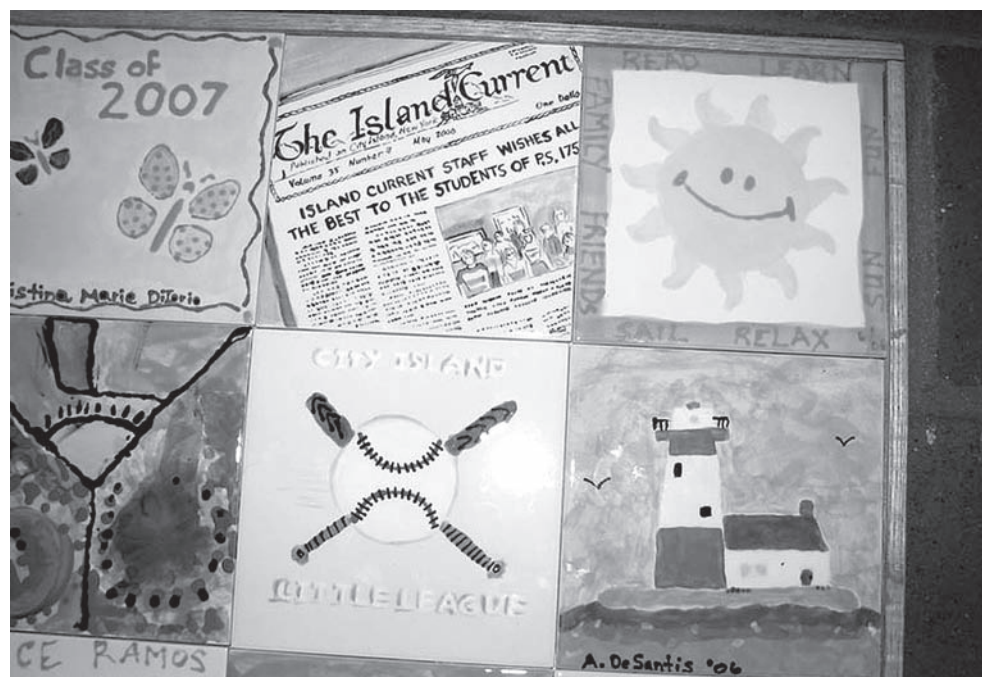
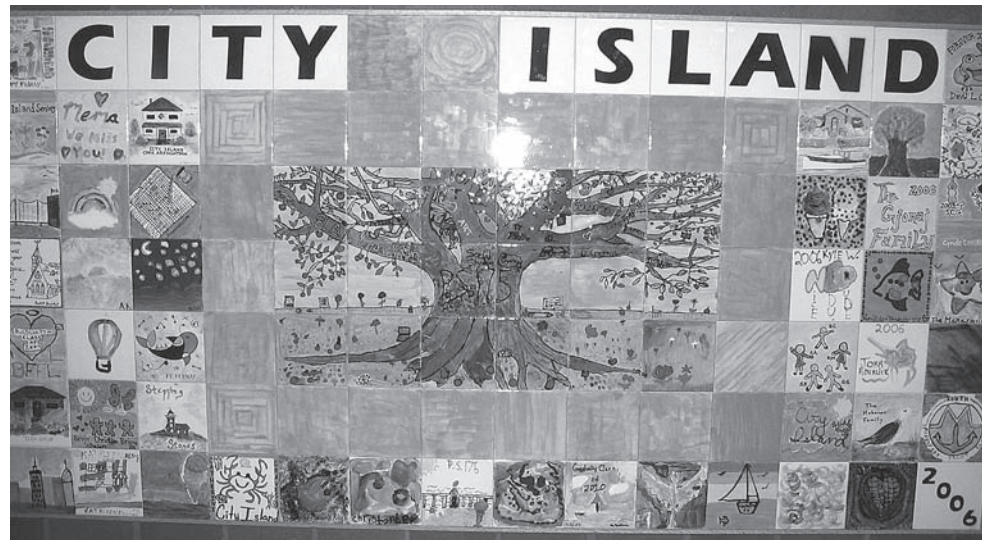
The colorful tiles feature everything from City Island scenes, such as lighthouses and sailboats, to logos of the contributing organizations, including the City Island Little League's baseballs and *The Island Current's* masthead. Each tile was fired and glazed, then arranged in a spectacular three-framed mural mounted on the right wall of the stage area on the main level of the school.

The unveiling ceremony was hosted by Michael Shanley, the parent of two children at the school, who described the project as fitting for City Island, "an amazing and wonderful place with a unique identity." Mr. Shanley introduced the principal, Amy Lipson, who is beginning her second year as head of the school. Ms. Lipson expressed enthusiasm for the project and for the P.T.A. itself, now under the leadership of Teresa Vitacco and Mary Ann Albertelli.

The final speaker, Ms. Bellinson, explained that fund-raisers like this one (each tile came with a \$25 donation) support various P.T.A. projects, including after-school art programs, playground repairs and, hopefully, a music room in the future. Ms. Bellinson said she first got the idea for the wall during a trip to a seaside community in California. "I saw a mural like this at a public beach, and I felt it would be right for City Island. We are a unique artistic community and the energy is incredible at P.S. 175."

When the curtain was finally lifted, students and adults were wide-eyed at the beauty of the wall and rushed to get a close-up look at all the tiles. Mr. Shanley summed up the project by noting that "it is designed to depict every aspect of the City Island community: cultural, historical, educational and personal."

Along with a feast for the eyes, the celebration was accompanied by a scrumptious buffet of hors d'oeuvres and desserts, and music by Nobuo Kitagowa.



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Serving City Island and Surrounding Areas

Photos by BARBARA DOLENSEK and KAREN NANI
 A new community wall was unveiled on Friday, Sept. 15, 2006, at Public School 175. The artistic endeavor consists of 300 six-by-six-inch tiles created by City Island students, faculty, alumni, businesses, organizations and houses of worship. Shown above at the ceremony is the project coordinator Sue Bellinson (top photo).

Organization News

News on this page concerning organizations, and events listed in, are submitted by representatives of those organizations. A limit of 150 words is requested for all news items submitted. In most cases news will be edited and every effort will be made to preserve the substance of longer items. News and calendar events must be received by no later than the 20th of each month except December and July. If the 20th falls on a holiday or Sunday, the deadline is the 19th. Mail submissions to P.O. Box 6, City Island, NY 10464. YOUR NAME AND PHONE NUMBER MUST BE INCLUDED.

Current Calendar

OCTOBER

Fri., Sat. and Sun., Oct. 6-8, **American Legion Pumpkin Sale.** Legion parking lot at City Island Avenue and Cross Street.

Thurs., Oct. 19, **Community Board 10 meets,** 7:30 p.m., Middletown Plaza Senior Center, 3033 Middletown Road, Bronx.

Fri., Sat. and Sun., Oct. 20-22, **St. Mary Star of the Sea Fall Carnival,** St. Mary's School Yard, Minneford Avenue and Kilroe Street (see Brief this issue for times).

Wed., Oct. 25, **Civic Association/Police Meeting,** Trinity Methodist Church, 113 Bay Street, 7:30 p.m.

Sat., Oct. 28, **POTS Program,** St. Mary's Schoolyard, Minneford Avenue and Kilroe Street, drop-off between 4:30 and 5 p.m. Menu: baked ziti.

Tues., Oct. 31, **Halloween Parade,** Hawkins Park, 5 p.m. **Community Center Haunted House,** 190 Fordham Street, 7 p.m. to midnight.

NOVEMBER

Tues., Nov. 7, **Election Day,** P.S. 175, 200 City Island Ave., 6 a.m. to 9 p.m.

Fri., Nov. 17, **Chamber of Commerce Awards Dinner,** Lido Restaurant. Call 718-885-9100 for reservations.

Garden Club

The next meeting of the Garden Club will be Monday, Nov. 6, at 10 a.m. at the City Island Yacht Club on Pilot Street.

The Garden Club has approved and ordered the "Welcome to City Island" sign for the Bridge Park. We expect delivery mid-October. The area will be prepared for the installation of the sign and appropriate plantings.

Gardening Hint: This month is the time to plant bulbs for your spring garden.

Phyllis Goodman

Temple Beth-El

Temple Beth-El of City Island, located at 480 City Island Avenue, between Beach and Bowne Streets, an all-inclusive egalitarian, multiethnic Jewish congregation for all ages, wishes our friends and neighbors a happy, healthy and peaceful New Year (5767). We conduct Sabbath services on Friday nights at 7:30 p.m. Our doors are open to all and holiday attendance is free.

A Sukkot celebration will be led by Reb Dan Klipper on Friday evening, Oct. 6, at 7:30 p.m. The first day of Sukkot (Saturday, Oct. 7) will feature a service at 10:30 a.m., followed by a potluck lunch (dairy and vegetarian foods).

Simchat Torah will be celebrated on Friday, Oct. 13, with a service led by Reb Daniel at 7:30 p.m.

Our Sunday school for children ages 4 through 12 will begin on Nov. 12, but registration ends on Oct. 7. Applications are

available at Midtown Antiques or call 718-885-3502.

Tai Chi and yoga classes will continue on Thursdays at 6:15 p.m. in October. Marc Kaplan's exercises will leave you feeling refreshed, more flexible and energetic. Eight sessions: \$80 for members; \$120 for non-members. For more information, call Marc at 718-885-2445.

Learn to read Hebrew with our NJOP crash course in Hebrew in November.

Bob Berent

City Island Theater Group

Because of a scheduling conflict, the City Island Theater Group has decided to postpone its production of "Wait Until Dark" until the fall of 2007. We are now pleased to bring you the delightful A. R. Gurney comedy "Sylvia." You may remember "Love Letters" by Gurney that was a CITG crowd pleaser a few seasons ago.

"Sylvia" tells the story of a married couple, Greg and Kate, whose lives get turned upside down when Sylvia comes to live with them in their Manhattan apartment. Who is Sylvia? You'll just have to come see the show to find out! "Sylvia" features City Island's Liz McIntyre as the enchanting Sylvia and Bob Mulroy as Greg. The hilarious Tee Cotter, who played the ever-pregnant Edith in "The Women," portrays Kate. Frank Siciliano, who is no stranger to the CITG stage, plays three different zany characters. Eileen Marcus directs this wacky and heart-touching comedy.

You will not want to miss this show, which the New York Daily News called "one of the most involving, beautiful, funny, touching profound plays I have seen." The New York Times said: "Dramatic literature is stuffed with memorable love scenes, but none is as immediately delicious and dizzy as the one that begins the redeeming affair in A.R. Gurney's comedy 'Sylvia.'"

Show dates for "Sylvia" are Oct. 27 and 28, Nov. 3 and 4 at 8 p.m. The matinee performances will be on Oct. 29 and Nov. 5 at 3 p.m. Call 718-885-3066 for ticket reservations. Don't miss this great show!

Nick Sala

Grace Episcopal Church

Grace Church celebrates Holy Communion every Sunday at 10 a.m.; childcare is provided for young children beginning at 9:45 a.m. Evening prayer is read in the church every Monday at 7 p.m., and beginning this month, morning prayer will be read on Wednesdays at 10 a.m. All are invited to join us for any of these services; we would be delighted to welcome you into our parish family. For more information about Grace, please call Mother Patty Alexander at 718-885-1080, or visit our Web site, www.gracecityisland.org.

Here is an overview of what is happening at Grace Church during October and early



A mini Haunted House was offered at the City Island Community Center on Sept. 21 in preparation for the full scale Haunted House on Halloween.

November:

• Sunday, Oct. 8, 10 a.m.: Children's Church School. All school-age children are welcome.

• Saturday, Oct. 7, 9 a.m. to 4 p.m.: Fall Parish Clean-up Day. Have some fun with your neighbors as we further beautify our buildings and grounds. It is not necessary to stay for the whole day; but come for as long as you are able. If possible, please bring rubber gloves and any gardening equipment you might have (gloves, rakes, spades, etc.). We hope to see you there!

• Sunday, Oct. 15, 10 a.m.: Children's Church School.

• Saturday, Oct. 28, 9 a.m. to 4 p.m.: Fall Quiet Day: "Where Do I Go from Here?" Finding Your Way on Your Walk with Christ (Off-site). Please call the Parish Office for registration information. The fee is \$45, and the firm deadline is Friday, Oct. 13.

• Sunday, Oct. 29, 10 a.m.: Children's Church School.

• Sunday, Nov. 5, 10 a.m.: The Feast of All Saints, and Children's Church School.

Rev. Patricia Alexander

St. Mary, Star of the Sea

On a beautiful fall Saturday, Sept. 16, St. Mary, Star of the Sea Church held an outdoor mass, the first in a number of years. The evening was a great success and brought together our congregation and the community in a true celebration of faith.

The weather could not have been better. Father Michael led a crowd of approximately 200 parishioners in the celebration of the mass, which was followed by a barbecue dinner. Everyone in attendance had a wonderful time. We shared our faith, good food and great company overlooking picturesque Long Island Sound.

We would like to thank everyone who participated in the event, especially the organizing committee and D.J. Ray, who provided his equipment and music. He even made a late appearance himself and led everyone in some dancing. Special thanks to Ken Farnum, our music director, and the St. Mary, Star of the Sea Choir for providing their angelic voices at the mass.

Please join us at future events as we continue to build our community of faith. Thank you for your continued support of St. Mary, Star of the Sea.

Larry Saulnier

City Island Republicans

We have had a productive month. On the weekend of Sept. 9, the City Island Republicans set up a table in front of Connie's market. Despite a scolding from one of the fair's sponsors, we had such a successful day that we will be at the next fair. The club would also like to thank Connie and Sara for allowing us to set up in front of their establishment. Furthermore, State Senate candidate Jay Savino showed up with his campaign bus and was accompanied by State Assembly candidate Ray Capone, along with several volunteers. Jay and Ray worked the crowd and received a warm response from voters. Jay Savino especially did an excellent job, and a good time was had by all the members. In addition, I would like to thank those members who helped out with our table.

Despite the low turnout, the City Island Republicans would like to thank not just the Republicans but all of the eligible City Island voters who came to vote on Primary Day.

At the September meeting, a presentation was given on the boundaries of the 34th State Senatorial district, since this is going to be a close race. Furthermore, ideas for the club's next community project were discussed. A brief financial statement was also given, and we had two new members.

If anyone would like an absentee ballot application, please contact Fred at 718-885-0984 or at the club's email address at Cirepublicans@aol.com.

Our next meeting will be held on Wednesday, Oct. 11, 2006, at 7:30 p.m. in the American Legion Hall, 550 City Island Avenue.

Hope to see all on the campaign trail!

Frederick W. Ramftl Jr.

Photography by Ron Terner

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For additional information about the Community Center, or if you are interested in conducting classes here please call 718-885-1145.

ANNOUNCEMENTS

Halloween Haunted House. The City Island Community Center's Haunted House was established by a group of local teens in 1997. Their vision was to provide a safe, fun activity for the City Island residents to enjoy on Halloween night. Needless to say, it was a huge success and became an annual event in our community. Now, nine years later, the Haunted House is gearing up for its greatest scare fest yet. With an expanded budget and strong leadership, this year's Haunted House will bear testament to its past success. Tuesday, Oct. 31, 7 p.m. to midnight. Adults: \$5, Children: \$4. \$1 off with a can of food (collection goes to East Bronx Hunger).

NEW THIS YEAR

Arts & Crafts with Lily: One-year-old and Pre-K to 10-year-olds, an art workshop just for you. No matter what level of an artist you are, you will have lots of fun! Work with paints, clay, feathers, beads, markers, crayons and more. Make something special for your Mom or Dad, for a birthday, an upcoming holiday or for yourself. Anything is possible when you are creative! Starts Monday, Oct. 2. Scheduled times: Mondays 11 a.m. to 1:30 p.m.; 3:30 to 5 p.m. and Saturdays 1 to 3 p.m. Prices: \$10 per child per hour, \$15 for two children/per hour, \$24 for three children/per hour, \$8 per child/per hour for a six-week sign-up.

Some of the art projects will include papier maché ornaments, flower and leaf pressing, art on plates, "Your Own Masterpiece: Expressing Emotions with Paint and Music," "Create a Creature," wall painting, re-creating a master's work, 3-D popcorn paint art, candy clay. Feel free to call Lily at 718-885-3299 to let her know what time is good for you and yours. Available for parties.

First-Grade Brownies Girl Scouts Registration: Mondays after school at the Community Center starting in mid-October. Please register by Oct. 15. If you are interested or if you have questions, call Brenda at 718-885-9040 or Maryann at 347-621-0688.

Vilma's Playground: City Island's indoor playground for families with young children! This playground is especially designed for children 5 and under. An everyday low admission price of \$6 for the first child and \$3.50 for each sibling (the first adult is free, additional adults are \$3.50.) Monday through Thursday from 9:30 a.m. to noon. Tuesday, Wednesday, Thursday 3 to 5:30 p.m. Call 718-882-2223 for more information.

WEEKLY SCHEDULE YOUTH PROGRAM

Irish Dance: The Deirdre O'Mara School of Irish Dance teaches step dancing in a fun, competitive environment for all ages. A confidence-building and cultural experience for all who participate. Wednesdays. Call Deirdre at 201-679-1450.

Martial Arts: Marrero's Martial Arts Academy teaches tai chi soft and hard, kickboxing, self-defense, self-discipline, physical fitness and tournament prep. Three days a week: Mondays, Fridays, Saturdays. Ages 4-7 from 3:30 to 5 p.m. (Saturday at 10 a.m.); ages 8-12 from 5 to 6:30 p.m. (Saturday at 11:30 a.m.); teens: see adult schedule. Only \$100 per month! Call José at 646-671-7264.

Girl Scouts: "Where girls grow strong." Troop #1075: A place for girls to come together and develop strong friend-

ships to last a lifetime. Camping, Father-daughter dance, Girl Scout cookie sale, Hall of Science and sleepovers are just a few exciting things that will take place throughout the year.

Youth Center: Saturday evenings from 7:30 to 10 p.m. For more information, call Jay Howard at 718-885-2192 or Deana Weyhrauch at 917-418-1377. We are looking for volunteers to staff the nights. If you are interested in helping out, PLEASE CALL!

ADULT PROGRAM

Martial Arts: Marrero's Martial Arts Academy teaches tai chi soft and hard, kickboxing, self-defense, self-discipline, physical fitness and tournament prep. Three days a week, Mondays, Fridays and Saturdays from 6:30 to 8 p.m. (Saturday at 1 p.m.) Only \$100 per month! Call José at 646-671-7264.

Belly Dancing with Miriam: Tuesday mornings, Thursday nights and Sunday afternoons. Call Miriam at 347-602-8968 for more information.

TNT (Tuesday Night Tap): Adult Jazz/Tap Classes. Tuesdays, 7 to 8 p.m. Call Corinne Grondahl at 718-309-8041.

Aerobics with Mary: Sunday, Monday, Wednesday and Friday 9 to 10 a.m. Babysitting available Monday, Wednesday and Friday mornings. Call Mary Immediato at 718-885-0793.

FAMILY PROGRAM & MIXED AGE GROUPS

Vilma's Music Together: Music and movement for children ages birth through five and adults that love them! Fridays 9:30 to 10:15 a.m., Saturdays 10:15 to 11 a.m. For more information, call 718-882-2223, visit www.vilmasmusictogether.com or e-mail info@vilmasmusictogether.com.

Vilma's Playground: Monday through Thursday from 9:30 a.m. to 12 noon. Tuesday and Thursday from 3 to 5:30 p.m. Call 718-882-2223 for more information.

Knitting Club: Join a knitting circle. Open to all ages! Thursdays from 3:30 to 4:30 p.m. Call Carol at 718-885-3190 for more information.

Chess Club: Monday evenings from 7 to 11 p.m. For ages 13 and up. No need to register; just show up!

Monthly Meetings of the Board are held on the first Tuesday of each month at 7:30 p.m. in the Community Center Main Room, 190 Fordham Street. All members are encouraged to attend.

Amy Gottlieb-McElroy



Legion News

Fall officially arrived on Sept. 23, and a number of events are scheduled for the season.

Don't forget our annual pumpkin sale on the weekend of Oct. 6 through 9. Volunteers are needed.

The legislative breakfast will be held Sunday, Oct. 8, at Fort Schuyler Maritime College at 10 a.m. The cost is \$20. This is your chance to hobnob with your local politicians.

Our annual Oktoberfest will be held on Saturday, Oct. 21. If you attended the last Oktoberfest, you will recall that the delicious pig, a petite porker, was devoured with gusto. This year Richy O'Keefe promises a larger animal to satisfy the insatiable appetites of members and guests. The fare will include knockwurst, bratwurst, German pretzels with mustard, sauerkraut, potatoes and red cabbage. The beverage of the day will be German beer. The price for this festive occasion is only \$20.

For those still able to march, don't forget the Veterans' Day Parade on Sunday, Nov. 5, and the Pelham Bay Park Veterans' Grove ceremony. See date and time on the bulletin board at the Post.

The annual military ball will be held on Friday, Nov. 10, at Villa Barone Manor, 737 Throggs Neck Expressway. The tab for this sumptuous event is a measly \$65. A cocktail hour will begin at 7 p.m. This is an excellent time to dust off that good conduct medal and have a ball at the ball.

The annual servicemen's dinner and dance will be held Saturday, Nov. 18, at the Post.

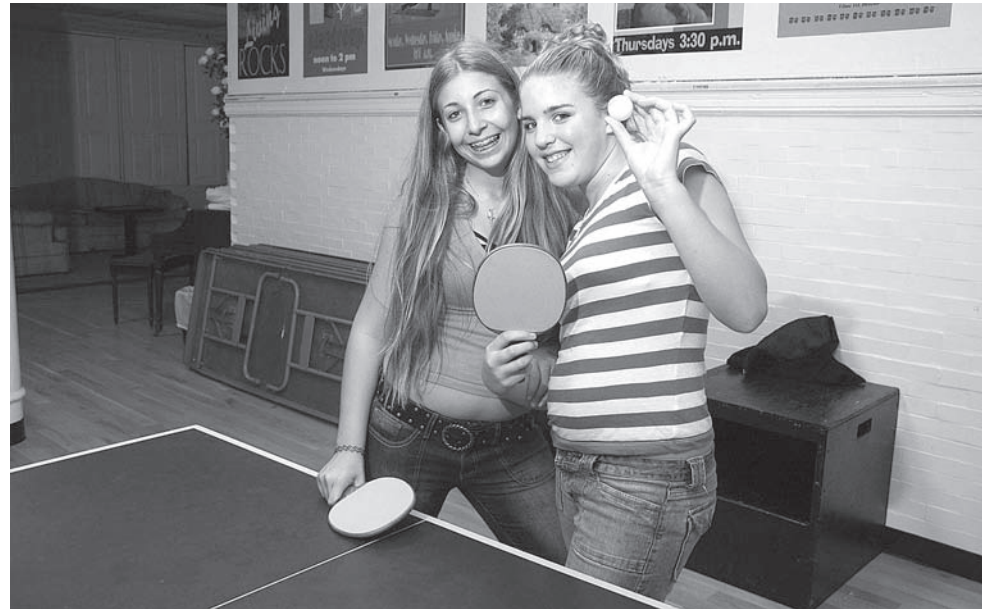


Photo by RICK DeWITT

The Teen Center opened its 2006-2007 program at the City Island Community Center on Sept. 23, 2006. Islanders Blake Cottom and Veronica Weyhrauch shot some pool, while Samantha Weyhrauch and Julia Hayes (above l. to r.) played a game of ping pong. Teens are invited to register for the Saturday night program. Call Deana at 917-418-1377 for more information.

See bulletin board for further information.

It has been reported that Peter Zvara, aka Gumby, has invested in a cell phone, the number of which has been a guarded secret since he learned that he is charged with incoming calls.

On Monday, Nov. 20, our new flag depository will be dedicated. Mark Whitcombe, local artist of repute, was commissioned to design the depository and is expected to be present.

Comrade Ed Shipp is now Americanism chairman and is responsible for more than 100 flags displayed on City Island Avenue and King Avenue by the cemetery. Although Ed said that things are shipshape, he could use some more help. It's a shame that so few volunteers are members of the Post or S.A.L. Ed reports that he, Gene Valesio and Peter Zvara replaced the broken brackets.

General Robert Mennona, retired, reported at our last meeting that the kitchen was in deplorable condition. What happened to the member who was charged with the responsibility of seeing that the kitchen was kept spick and span?

We recently lost a valued member, Dick Eberhart. Everyone knew Dick and his extended family, many of whom reside on the Island. On Monday, Sept. 18, we paid homage to Dick and five other members at the Post Everlasting Service. Those recently departed were Tullio Risolo, Carmelo Rotello, John Lawlor, Frank Clyne and Jack DeHayes.

Comrade Treat reminded us at the last regular meeting that 2007 dues are due.

To the best of my knowledge, no one reported anyone on sick call this month. We do have several housebound Island veterans who would appreciate a visit, a call or a card: Bud Scollon, a resident of Pilot Cove, and Donald Varian. Both were very active members of the Post.

Subscribers to the *Bronx Times Reporter* might have observed our past state commander's photograph, along with four other Legionnaires, paying homage to those POW/MIAs on Recognition Day at Post 1456.

I always close with a little tidbit about World War II. I stopped by the Post watering hole several weeks ago, and Comrade Phil Tomsen insisted on buying me a drink. He said that his uncle Leif recalled that a German submarine, the U-202, disgorged four German agents at Belden Point on June 13, 1942. Their mission was to reach Manhattan to carry on acts of sabotage. Fortunately, the story goes, the bus was late and they elected to walk to Pelham Bay, stopping at the City Island Diner for coffee. An alert Jack Hayes, early morning manager, detected the guttural quality of their speech and called 911. A contingent of police from the 45th Precinct responded and apprehended the culprits. In actual fact, the U-202 did land on Long Island and all four agents were captured and incarcerated.

Until next month!

Russ Schaller, Sgt. Emeritus



Trinity United Methodist Church

As the weather begins to cool down and the seasons change, we begin to prepare for all that fall promises. Leaves turn, the air becomes crisp and holidays begin to loom before us. Here at Trinity, we celebrate the advent of all that is to come. Our Sunday services are still at 10 a.m.; Sunday school, which has begun, also takes place during that time. All are welcome to join us.

Trinity's Budget Shop has re-opened, and we have a lot of great new items. Budget will be open on Tuesdays Oct. 3 and 17. It will also be open on Saturdays Oct. 14 and 28. As usual, we are having severe staffing problems, and we desperately need people to work behind the scenes. If you are interested in helping out, please call Ellen Hebard at 718-518-7242 or Myra Martin at 718-885-1049.

Group Bible Study Fall 2006

A group bible study begins Oct. 15 and continues for six consecutive Sundays to (and including) Nov. 19 in Trinity Fellowship Hall. Time of the meetings are 11:30 a.m. to 12:30 p.m. All interested are welcome.

This bible study is a resumption of an ongoing study of the Gospel According to John and will cover chapters 15 to 21 to complete the text. The theme of the study is knowing who Jesus is and says he is, the Christ, and the Son of God, who gives eternal life to those who receive and believe in his authority. The objective of the study is to respond to Jesus with affirmative faith and so prove to be his disciples and be incorporated in the Oneness he shares with his father.

Each session begins with a video segment and light refreshments. The video is "Walking the Bible" with Bruce Feiler, which was recently aired on PBS. It is more than a travelogue of the Holy Land; it is a spiritual experience!

George Cavalieri, Trinity's lay leader, will moderate and instruct, through readings of the text, with focused discussion and questions based on the text's subjects, a verse by verse study. The bible text will be provided at each session.

All in the community are welcome to the group bible study whether or not you have attended before. No prior registration is required. This is an opportunity to get the facts about Jesus directly from the first-century eyewitness John, the beloved disciple of Jesus, and not be sidetracked with the fictional sources presented as fact to our culture today.

For further information, feel free to call Reverend Sue at 718-885-1218.

Anne Sill



Photos by BRENDA PROHASKA

Residents of Centre Street held a block party on Sept. 16. Kids enjoyed the pony with the braided mane and painted hoofs, while adults shared their favorite recipes.



Team Sport Challenges

In order to put a different spin on team sport movies, Hollywood creates plots with special challenges. One such film is **Mr. Baseball** (1992), which stars Tom Selleck in the title roll as fading American baseball star Jack Elliott. When he is traded to a baseball team in Japan, Jack is greatly challenged by his predicament as he is confronted by formidable team manager Uchiyama (Ken Takakura) and wooed by the lovely Hiroko (Aya Takanashi). Utterly miserable, Jack is extremely rude at first but is protected by his interpreter Yoji (Toshi Shioya). This is a thought-provoking look at the clashes of the two cultures and the grudging respect that eventually evolves.

Little Big League (1994) stars Luke Edwards as Billy Heywood, a boy who inherits the Minnesota Twins from his grandfather (Jason Robards), and decides to take on the challenge of being team manager. Edwards does a fine job of portraying Billy as a smart kid who ultimately starts to buckle under the pressure of his career. But he reminds the players about having fun, and everyone learns not to take life so seriously.

Rudy (1993) is based on a true story set in the 1960s. Sean Astin stars in the title role as a physically small, mediocre student whose dream in life is to play football for Notre Dame, to the dismay of his steelworker father (Ned Beatty). Rudy is befriended by the Notre Dame groundskeeper (Charles S. Dutton) and a helpful priest (Robert Prosky). This is an inspirational tale of a quest for the impossible.

In 1971, a high school in Alexandria, Virginia, is integrated, including the football team, in **Remember the Titans** (2000). Both Coach Boone (Denzel Washington) and Coast Yoast (Will Patton) are challenged to get the white and black players to work together. The acting is outstanding in this exhilarating and moving film.

Hockey is the name of the game in **Mystery Alaska** (1999). When sports writer Charles Danner (Hank Azaria) writes a piece on his hometown team for "Sports

Illustrated," a sports network promotes a game between the local team and the New York Rangers. The cast includes Russell Crowe as an aging hockey star who is the town sheriff, and Mary McCormack plays his wife. The local attorney is Maury Chaykin; and Colm Meaney is the mayor married to the beautiful Lolita Davidovitch. Ron Eldard is a ladies' man, and Burt Reynolds is a judge in this fun film.

When Minnesota veteran hockey coach Herb Brooks (Kurt Russell) is recruited to put together the American hockey team for the 1980 Winter Olympics, he is challenged to bring about a **Miracle** (2004), since the Americans haven't won this event in 20 years. Brooks, who served as a consultant on the film, had suffered disappointment himself when he failed to make the 1960 Olympics team, an experience that gave him a special perspective on his team. His leadership style is fascinating to watch, and the film has some truly searing as well as thrilling moments.

Victory (1981), set in a Nazi Germany prisoner of war camp, stars Sylvester Stallone as Robert Hatch, an American P.O.W., and Michael Caine as British officer John Colby, who had been a soccer star before the war. There is the requisite kindly German officer, Major Karl von Steiner (Max von Sydow), also a former soccer star, who challenges the prisoners to play a game against the German all-star team. This movie also shows off real-life Brazilian soccer legend Pele, who demonstrates his incredible talent.

Bend it Like Beckham, my favorite film of 2003, stars Parminder K. Nagra as Jesminder, a British teen from a traditional Indian family living in England. The family expects her to learn to cook and to marry a nice Indian boy, but Jess has an entirely different plan in mind: she wants to play soccer. She is befriended by soccer mate Juliette (Keira Knightley), and both girls develop a crush on the coach, an Irishman named Joe (Jonathan Rhys-Meyers). Juliette's mother, Paula (Juliet Stevenson), steals every scene as a prim and proper Brit saddled with a tomboy daughter. This is an utterly delightful film about the challenges of reconciling traditional and modern life styles.

And until next time, happy viewing. . .

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SCHOOL NEWS

2+2=4

By VIRGINIA DANNEGGER

Public School 175

Principal Amy Lipson and assistant principal Josephine Rondi are pleased and excited to start the 2006-2007 academic year with the following teachers: Mrs. Carter-Spencer and Ms. Holzmann are teaching kindergarten, and Mrs. Cambria and Mrs. Stelman will be working with the first-graders. Grade 2 teachers are Mrs. Eisen and Mrs. Miskimmon, and Mrs. McManus and Mrs. Cuevas will teach the third grade. Fourth- and fifth-graders are fortunate to have Mrs. DiMaio, Ms. Maryl, Ms. Minor and Ms. Wiehler. The sixth grade will have Ms. Driscoll and Ms. Stan-

ford. Seventh- and eighth-grade students have Mr. McConnell for social studies and Ms. Heil for science. For math, Grade 7 will have Ms. Ramos and Mr. Lafreniere will teach the eighth-graders. Seventh- and eighth-grade literacy will be taught by Mrs. Horowitz and Mrs. Jensen.

Ms. Hajjar will head the art program, and Ms. Gonzalez is the Spanish teacher. Mr. Breen will guide the computer/technology program; Mr. Fecht will be running the physical education department; and marine wildlife ecology will be taught by Ms. Bottjer. The guidance counselor is Mrs. McDonald.

P.S. 175 is happy to welcome the newest staff members, Kathleen Wiehler, Shannon Stanford and Marcia Gonzalez, and is looking forward to another great year.

St. Mary Star of the Sea

The following faculty members are being welcomed by principal Jane Dennehy for the 2006-2007 school year. The Pre-K teacher is Mrs. Ocasio, and Miss Nesheiwat will teach kindergarten. The first-graders will be taught by Sr. Joan McKinney; the second grade will have Mrs. Guarino; and Mrs. Bivona will teach the third grade. Mrs. McMahan and Mrs. Cabell-Delgado will teach Grades 4 and 5, respectively. The sixth-graders will have Mr. Garrison; the seventh grade will be taught by Mr. Beskin and Mr. Caddell will again teach Grade 8. The teacher's aide is Ms. Garcia.

Mrs. O'Halloran will head the computer program; the art instructor is Mrs. Moore; Mrs. Tedesco will teach music; and Mr. Scagliola will teach physical education.

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ALL'S FAIR!



Photos by RICK DeWITT

The City Island Chamber of Commerce fall arts and crafts fair caught sunny skies during the weekend of Sept. 9 and 10. Music coordinated by the Lickety Split Band was performed in Hawkins Park, and the City Island Nautical Museum was open both days. Residents and visitors bought up the homemade food and handmade goods offered by Island businesses and other vendors.

AN EPIDEMIC OF IBS (Irritable Bowel Syndrome)

By CAROLYN DEAN, M.D., N.D.

Surprisingly, many people are silently suffering these days from a new epidemic with symptoms that they may not even mention to their doctors. About 20 percent of the population is looking for relief from gas, bloating, severe abdominal pain, diarrhea and constipation that seem to come out of nowhere. Symptoms may be triggered by eating or drinking any number of things, or they may occur after emotional stress, but there is no single identifiable cause.

Irritable Bowel Syndrome (IBS) is a relatively new condition, which was formally defined in 1988. It is not considered a disease but a grouping of symptoms related to a change in bowel habits. It is usually diagnosed by excluding more severe forms of bowel disease, such as Crohn's, colitis and cancer, although some observe that IBS may be the first step on the road to Crohn's and colitis, though not cancer. If your normal bowel habit changes and you begin to have gas, bloating, diarrhea and/or constipation that goes on for several months, you may have IBS.

We know that IBS symptoms can develop after a bacterial or parasitic bowel infection. Other possible causes include:

1. Antibiotics, analgesics, and other medications
2. Food intolerance
3. Yeast overgrowth
4. Brain-bowel chemical imbalance (Most of the serotonin [feel good] receptors are located in the bowel, so if you undergo tremendous stress, it can affect your bowel.)
5. Female hormones (Women have twice the incidence of IBS as men.)

Mistaken Identity

The symptoms of IBS can easily be mistaken for several conditions. Gluten enteropathy (inability to digest the gluten in wheat), lactose intolerance (inability to digest dairy), and fructose intolerance (in-

ability to break down fruit sugar) produce symptoms that can be identical to IBS.

Your intolerance for certain foods can slip by unnoticed for decades, and then one day, wham, you just know that wheat or dairy, or fruit is no longer your friend. You know that eating bread, bagels, pizza, toasted cheese sandwiches and high-fructose corn syrup-sweetened juices are doing you in. It can be exciting to identify a food allergy, sensitivity, or food intolerance, because if you stop eating certain foods, you have a chance of getting your IBS-like symptoms off your back.

Antibiotics and Yeast

Antibiotics kill bacteria; that's their job. When we take them to treat a bad infection, however, they aren't smart enough to tell the difference between the good guys and the bad guys. Thus, even the good bacteria get wiped out in some cases, causing chronic diarrhea. But that isn't the end of the story.

In the vacuum left after antibiotics wipe out the bacterial population of the gut, a normal gut fungus or yeast called *Candida albicans* grows out of its boundaries in the large intestine and takes up residence in the small intestine. There yeast can poke holes in the lining of your small intestine, which can lead to a health problem commonly called leaky gut syndrome and absorption of yeast's 180 different toxins. Yeast toxins, which include alcohol and acetaldehyde as well as undigested food molecules and chemicals from drinking water and the diet, can cause widespread allergic reactions when absorbed through a leaky gut. Symptoms of brain fog, dizziness, headaches, anxiety, depression, eczema, rashes, PMS symptoms, sore throat, heartburn, gas and bloating, IBS and weight gain can all be a result of a leaky gut.

So what can you do to avoid all these nasty effects?

1. Avoid unnecessary antibiotics and

learn about safe alternatives.

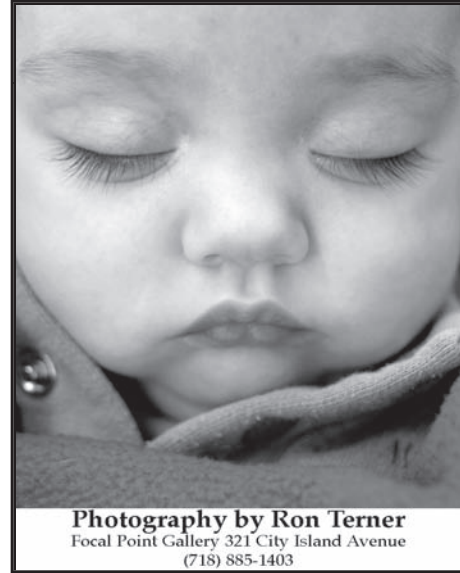
2. Reduce the amount of sugar, wheat and dairy you consume.

3. Take a probiotic supplement or eat organic, sugar-free yogurt.

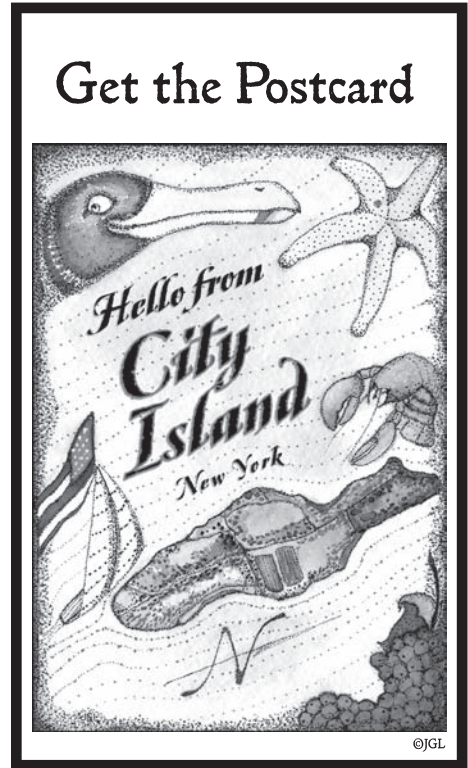
4. Use natural antifungal therapies such as garlic.

Natural solutions to IBS and many other gastrointestinal conditions will be offered at my Digestive Health seminar on Thursday, Oct. 19, from 7 to 9:30 p.m. at Temple Beth El, 480 City Island Avenue.

Carolyn Dean is co-author of *IBS for Dummies* and 10 other books on health. She currently offers private telephone wellness consultations through her Web site at www.carolyndean.com and holds regular seminars on City Island.



Photography by Ron Terner
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Times and heights of high and low water (Daylight Savings Time)

Heights in feet above soundings printed on charts of water adjacent to City Island. Times shown are nautical times. For times on the table beginning with 1300, subtract 1200 to get ordinary P.M. time (e.g., 1625 - 1200 = 4:25 P.M.). Times less than 1200 are A.M. times (e.g., 1154 = 11:54 A.M.). HH = hours; MM = minutes. Tide chart by Tom Smith

OCTOBER 2006

DAY	TIME HH MM	HEIGHT FEET	TIME HH MM	HEIGHT FEET	TIME HH MM	HEIGHT FEET	TIME HH MM	HEIGHT FEET	DAY
01 Sun	0559	6.7	1209	1.7	1817	7.4			Sun 01
02 Mon	0114	1.3	0715	6.9	1331	1.5	1934	7.5	Mon 02
03 Tue	0240	0.9	0832	7.4	1500	0.9	2052	7.7	Tue 03
04 Wed	0342	0.4	0934	8.0	1607	0.2	2157	8.1	Wed 04
05 Thu	0434	-0.1	1025	8.5	1703	-0.4	2252	8.3	Thu 05
06 Fri	0522	-0.5	1113	8.9	1754	-1.0	2342	8.4	Fri 06
07 Sat	0607	-0.7	1159	9.1	1844	-1.2			Sat 07
08 Sun	0031	8.3	0652	-0.7	1245	9.1	1934	-1.2	Sun 08
09 Mon	0120	8.1	0737	-0.5	1332	8.9	2026	-1.0	Mon 09
10 Tue	0212	7.8	0824	-0.1	1422	8.5	2122	-0.5	Tue 10
11 Wed	0308	7.4	0917	0.4	1518	8.1	2223	0.0	Wed 11
12 Thu	0415	7.0	1022	1.0	1628	7.6	2329	0.5	Thu 12
13 Fri	0528	6.8	1139	1.4	1750	7.3			Fri 13
14 Sat	0034	0.9	0637	6.8	1252	1.5	1903	7.2	Sat 14
15 Sun	0136	1.0	0739	6.9	1357	1.5	2006	7.2	Sun 15
16 Mon	0233	1.0	0835	7.2	1454	1.3	2101	7.4	Mon 16
17 Tue	0323	1.0	0924	7.5	1545	1.0	2149	7.5	Tue 17
18 Wed	0408	0.9	1009	7.7	1630	0.7	2233	7.5	Wed 18
19 Thu	0448	0.8	1049	7.8	1710	0.5	2313	7.5	Thu 19
20 Fri	0522	0.8	1124	7.8	1745	0.4	2348	7.4	Fri 20
21 Sat	0548	0.8	1150	7.8	1815	0.3			Sat 21
22 Sun	0015	7.2	0601	0.8	1202	7.8	1835	0.3	Sun 22
23 Mon	0031	7.1	0617	0.8	1219	7.8	1854	0.3	Mon 23
24 Tue	0050	7.1	0647	0.8	1249	7.9	1924	0.3	Tue 24
25 Wed	0121	7.0	0723	0.9	1326	8.0	2001	0.4	Wed 25
26 Thu	0200	7.0	0805	1.0	1408	7.9	2044	0.6	Thu 26
27 Fri	0245	6.9	0853	1.2	1455	7.8	2133	0.8	Fri 27
28 Sat	0336	6.9	0946	1.4	1549	7.6	2230	1.0	Sat 28
ALL TIMES ARE EASTERN STANDARD TIME BEGINNING SUNDAY, OCTOBER 29									
29 Sun	0334	6.8	0947	1.5	1550	7.3	2235	1.1	Sun 29
30 Mon	0441	6.9	1059	1.5	1700	7.2	2353	1.0	Mon 30
31 Tue	0556	7.2	1231	1.1	1819	7.2			Tue 31

NOVEMBER 2006

DAY	TIME HH MM	HEIGHT FEET	TIME HH MM	HEIGHT FEET	TIME HH MM	HEIGHT FEET	TIME HH MM	HEIGHT FEET	DAY
01 Wed	0112	0.6	0710	7.6	1353	0.5	1939	7.4	Wed 01
02 Thu	0215	0.2	0811	8.1	1455	-0.2	2044	7.6	Thu 02
03 Fri	0309	-0.2	0904	8.5	1550	-0.8	2139	7.8	Fri 03
04 Sat	0358	-0.4	0953	8.8	1642	-1.2	2230	7.9	Sat 04



Thirty Five Years Young!

An interesting article appeared in the Sept. 16 issue of the *New York Times* about the neighborhoods of the Bronx. It seems that City Island is the only one left where the people who live there do not have to wonder about the name of their neighborhood. (Of course, the fact that this is an island with a definite perimeter has a lot to do with that.) Although other sections have had their identities confused over time (Quick: Where does the Throggs Neck section of the Bronx begin and Country Club end?), City Island's identity has stayed relatively the same.

Or has it?

Walk with us now along the City Island Avenue of 35 years ago, give or take a few years, and see for yourself the City Island that was. Let us begin at the bridge—a drab, battleship-gray City Island bridge, not green—with a brand-new copy of City Island's brand-new newspaper, *The Island Current*, folded neatly beneath your arm. To our left, looking east, where the Dunkin' Donuts and Subway are now, is a clam bar, itself a throwback to an even earlier time on City Island.

Continue walking to Cross Street, where some of the most elite yachtsmen of the day are trading yarns at the famous Thwaites Restaurant, no doubt over fine wine and fare. It is interesting to note that in 2006, at the Sugar and Spice bakery, where Thwaites once stood, local fishermen gather for breakfast and conversation most mornings before they head out for the day. Some things almost never change.

A little further down the avenue, also on the left, we would have found in 1971 the Ship's Galley where the bar called Fellas now stands. The Galley was a personal favorite, especially for its steak fries. Across the avenue, where Seafood City is located, we would have found Kretzer's Boatyard and then the office building of Sagman's Marina instead of the Caribbean Island restaurant.

Where the IGA is now was a movie theater, reminders of which were on display during the IGA's makeover. Many Islanders will remember Tony's phone message promising "ample parking" and "a great second feature." At the Crab Shanty we would have found the old Post Office (which before that was a silent movie theater and even before that a livery stable). Across the avenue, at

Jerry's liquor store, was Ike's liquor store. A block south would have been the Square Rigger, whose proprietor, Eb Riley, refused to sell to the developers who would eventually build the Laurels, and so they built their condominiums around his store, which is now occupied by Dr. Sander.

We can really get nostalgic as we begin to approach the heart of City Island's business district, so let us tick a bunch off in no particular order: the five and ten for the antique store; the wicker store for the nail salon; the Donut Shop and their signature ma, pa, and baby burgers; Reliable Cleaners (remember Harry the Button King) in what is now a deconstruction site; the Varian's sheet metal shop where Early Ruth is now; Koster's for Connie's; Bierman's drugstore for Cury Insurance and a cute little boutique behind; a gift shop called Windset for the AER real estate; Gilbert Pharmacy for the card shop; and right next door, the cigar store for Exotiqua. There was a shoe store where Curves was until recently; and Spouters Inn was where the Tree House is now; the doll store was originally the shop of Louis the barber; and the Leather Shop is now a boarded-up site at the end of the row of now vacant storefronts.

A little more down the way, where the Starving Artist Gallery stands, we would have found Ficara's paint store. And how many of us remember the nursery school where Roger's Mooncurser ended up? On the site of P.S. 175 was Nevin's Shipyard, but even in 1971 the shipyard was long gone. What remained were derelict docks and an abandoned tugboat that kids dared other kids to jump from.

At the far end of the Island, the south side, on- and off-Island kids congregated for two reasons. At the top of Horton Street, across the street from the revised Shrimp Box, was an old custard stand. And last, but certainly not least, there was the Penny Arcade, where we will end our stroll through time. But before we go, we must insist on taking a closer look at the arcade where many of us learned to drive race cars, shoot targets and play pin ball and skee ball, too. It stood where the burned-out Neptune Inn restaurant lingers today, and if you listen closely, you can almost hear the cheers of some thrilled kid who just won enough tickets for that extra-large stuffed animal on the top shelf behind the counter.

Happy birthday to *The Island Current*. Thirty five years young!

PLEASE HELP US !!

I am Jonathan Whitman and I am trying to locate anyone in possession of, or who knows the whereabouts of original Maurice Whitman artwork.

SKETCHES ,OILS? ANYTHING!

I am willing to pay to retrieve any of his work. He was my father who had a studio at 284 City Island Ave. on City Island around 1970 to about 1978. He has passed away and the family is desperately seeking to recover his artwork. If it's not for sale, the opportunity to photograph it would be greatly appreciated. He ran the ad to the right for his studio back then. Maybe it will jog a memory. If you can help us at all, please contact me at:

203-768 -7001.

Ask for Jonny. THANK YOU



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The Far Side of the Bridge

A Column about
Bronx County

Bronx Chic: The Art Deco Years

By MICHAEL SHANLEY



Photo by MICHAEL SHANLEY

This building on Mosholu Parkway at 240th Street is a typical example of the Art Deco-style buildings located throughout the Bronx.

Growing up in the northwest Bronx, I was surrounded by many sleek and elegant apartment buildings. While the designs varied somewhat, the apartment houses were closely related in materials, with decorative brickwork, zigzag patterns and vertical lines. They had striking facades and usually stood five or six stories tall. Some buildings even had chrome, aluminum or steel entry doors and curved corner casement windows. Although they were built for the middle class, these buildings hinted of glamour and luxury. Many years later, I learned that this style was called Art Deco and that the Bronx was a recognized world leader in Art Deco architecture, rivaled only by South Beach in Miami.

Once called "Jazz Modern," Art Deco emerged from the Paris Exposition of 1925, an international world's fair. The lavish style emphasized linear patterns and abstract decorations, characterized by the use of angular and symmetrical geometric forms. Inspired by industrial design, Art Deco manifested itself in almost everything, including furniture, jewelry, radios, automobiles, locomotives, airplanes and architecture. It is regarded by some as the trademark design of the 20th century.

So how did this chic style find a home in the Bronx? Well, let's just say that the Bronx was in the right place at the right time. As the subways and elevated trains pushed north from Manhattan in the early part of the 20th century, real estate and development became a growth industry in our borough, and architects were swept away by the possibilities of this cutting-edge style.

Best of all, the style wasn't overly expensive. It involved little in the way of fundamental structural change, but it added

pizzazz to the otherwise ordinary housing plans. The interiors of many of these buildings offered the most up-to-date amenities, such as sunken living rooms, parquet floors and two or more bathrooms, some with shower stalls. Many buildings also had smartly furnished lobbies with tiled mosaic or Art Deco mirrors or pictures hanging above the mantels.

During the turbulent 1970s, some Art Deco buildings were lost to arson, while other aging structures fell into disrepair and some were razed for newer construction. Today, however, there is a growing appreciation of these architectural treasures. Well over 300 remain, and many are being restored to their original luster. You can find impressive examples in almost every Bronx neighborhood, but the west Bronx, particularly the Grand Concourse, is the focal point for this style.

Here are a few of my favorite Art Deco buildings in the Bronx:

Herman Ridder Junior High School, East 174th Street and Boston Road. This six-story building was completed in 1931. It paid homage to skyscraper design with setbacks and vertical window strips. Citing it as the first Art Deco School building in New York City, the city's Landmarks Preservation Commission designated Ridder a landmark in 1990.

Bronx House of Detention, 653 River Avenue. This building is often overshadowed by its much grander cousin, the Bronx County Courthouse; both of them were built in the 1930s. Few jails have the architectural force of this massive work, with its Art Deco detailing, intricate frieze and triple zigurat.

Park Plaza Apartments, 1005 Jerome Avenue (just north of Yankee Stadium at

164th Street). This landmark building was begun in 1928, making it among the first Art Deco buildings in the area, and it is considered one of the most beautiful Art Deco residential buildings in New York City.

The Grand (Boulevard and) Concourse, which extends over four miles, from 138th Street to Mosholu Parkway. By the mid-1930s, nearly 300 apartment buildings had been built along the Grand Concourse. Customarily five or six stories high with wide entrance courtyards bordered with grass and shrubs, these apartment buildings include many of the finest examples of Art Deco architecture in the United States.

The Fish Building, 1150 Grand Concourse and McClellan Place at 167th Street. This building on the Grand Concourse deserves special mention. Built in 1937, it boasts a unique aquatic mosaic at the en-

trance that has become a Bronx landmark. This building is an Art Deco masterpiece.

Noonan Plaza, 105 West 168th Street and Nelson Avenue in the Highbridge section of the Bronx. This massive Art Deco building takes up an entire block and has a beautiful interior courtyard.

Michael Shanley is a native, lifelong Bronxite and resident of City Island. He is a licensed tour guide for New York City and specializes in Bronx County.

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CI Then & Now

Continued from page 5

sue) is still in business, and many of the restaurants offer menus that are quite similar to those they offered in 1971. Anna's Harbor is now the Harbor and Richie's Black Whale is now the Black Whale, but Artie's is still Artie's (even without Artie) and the Donut Shop (in spite of its City Island Diner sign) is still the Donut Shop to regulars. The Sea Shore and the three boxes (Lobster, Shrimp and Fish), not to mention Johnny's Reef and Tony's Pier at the southern end, still serve the same kind of food, but City Island now has French, Japanese, Chinese and Caribbean cuisine as well.

Of course, the Shrimp Box was Tito Puente for a while and Buddy's Hardware was under different management in recent years, but the Box and Buddy are back, just as they were in 1971. Jack's still sells bait and tackle, and Dr. Berman still takes care of Island teeth (although the dentist is now Jed, who succeeded his father, Milton, some years ago). The Garden Club continues to host its annual luncheon every spring and the Chamber of Commerce its annual awards dinner. The American Legion still sponsors its parades, the Masons their good works and the Cub and Boy Scouts their good deeds. And for kids, St. Mary's Basketball is still going strong, and though the Little League was in deep trouble in 1971 (not enough parent volunteers), it regained its footing thanks to Anthony Ambrosini and is now a thriving organization.

Some memorable Island institutions came and went between 1971 and 2006. Remember CIVAC, the volunteer ambulance corps, and the Island Seniors? Or CIAO, the City Island Artists Organization? And, regrettably, COLONY (Council of Leaders of Neighborhood Youth), which raised funds to support a number of activities for kids, has also disappeared. Remember those great flower sales that John Mini used to hold on Saturday mornings once a month or Fleet Weekend, which IDEA (Innovative Directions, an Educational Alliance) used to present on the first weekend in June? And who could forget the Hippies' Place? All of these are missed, but we hope that new ideas will come along to take their place in our community.

Certainly the artistic community still exists here, as witnessed each year by the exhibitions at the Focal Point Gallery, by live music at Starving Artist and elsewhere, and by City Island Theater Group, which fills the role once played by Island Patchwork. And there is certainly no lack of parental enthusiasm, as evidenced by the energy of the parent associations at P.S. 175 and St. Mary, Star of the Sea School.

There have been some other unfortunate disappearances since 1971. Thwaites Restaurant, Kretzers Boatyard and the Morris Yacht Clubhouse have all been lost to fire. Thwaites has been replaced by condominiums and a branch of West Marine. Kretzers

has become a huge parking lot for Seafood City, and the Morris is a hole in the ground awaiting a new building.

No one needs to be reminded that many residential buildings have been constructed since 1971, some of them built on land that was not even in existence in those days, such as the Mariner's Pointe Condominiums built on Bowne Street landfill and a row of attached houses built on landfill east of Cross Street. The Laurels, owned by the Wildlife Conservation Society, sprang up in the middle of the Island, where the development now houses employees of the Bronx Zoo. Unfortunately, a number of small bungalows have been demolished and replaced with McMansions, but thanks to special City Island District Zoning, initiated in 1976 and reinforced in 2004, residential development on City Island will, we hope, retain its contextual character with no more attached houses or oversize buildings.

Sad to say, noise and other quality-of-life issues on City Island have not improved since 1971. Rodman's Neck is now riddled with bullets shot by thousands more police officers using more powerful weapons, on land that the State legislature took away from Pelham Bay Park and gave to the Police Department. And with more houses and restaurants, we have fewer parking spaces for larger cars driven by people, many of whom pay little attention to traffic laws. Drug abuse was an issue in 1971, and, unfortunately, it remains an issue today.

But there are some positive signs as well. Although some newcomers might doubt it, the traffic congestion is not as bad as it was in 1971 and many sidewalks are easier to negotiate. Island side streets get plowed more promptly in winter now, and commuters can take express buses to Manhattan. There are playgrounds for children (now that vacant lots are largely a thing of the past), and the new storm and sanitary sewers that we have needed since at least 1971 are finally being installed.

Jackie Kall is still selling real estate, Russell Schaller is still cracking wise, John Persteins is still collecting marine debris, Virginia Gallagher is (again) chair of Community Board 10 (then 12), and Captain Ed Sadler is still living in the house in which he was born. But we have a lot of new people too—many of them professionals and many of them as devoted to the community of City Island as those who were here before 1971.

For those who are disappointed by the changes or believe that things are somehow worse than they were, readers of the *Current* are advised this year (as they have been every year) to follow the lead set by the unsung (and sung) heroes who have helped to bring about positive change since 1971. Their example should certainly inspire volunteers to participate actively in the community so that City Island may be viewed even more positively 35 years from now.

All The News

Continued from page 5

need our roads fixed now, not in the fall," "We need better bus service" and "We need a teen-age canteen"). There were also complaints about parking and traffic, but on the positive side, the paper, which boasted 750 subscribers and had increased in size from six to eight pages, campaigned successfully to have a Little League program brought to City Island.

Unfortunately, that is where City Island's newspaper history ends until the first issue of *The Island Current* was published in October 1971. Anyone with an unexplored attic full of family memorabilia is invited to dig into those boxes in search of copies of old newspapers that could be copied and deposited in the Nautical Museum. In the meantime, everyone is invited to spend a Sunday afternoon at the Museum looking through copies of the old newspapers that are in the collection. You will be proud of the journalistic tradition that started here over 100 years ago and continues as strong as ever today.



Question: The Island Current is celebrating its 35th Anniversary, can you tell us what The Current has meant to you?



Jeri Stark

City Island resident for 44 years; interior designer and general contractor

I remember when I was nine how excited I was that City Island was getting its very own newspaper. One of the things I remember was how impressed I was that it was volunteer-run and how much energy and enthusiasm and enjoyment the people who worked on it had, as well as the population of City Island, who knew all the stories behind what was printed.

The Island Current brought a sense of connection to the people who read the paper, whether you lived on the Island or not. I remember when I was living off the Island and, while I may not have known everything that was going on, I knew what I needed to know because of *The Current*.

When I was growing up I especially loved that my grandfather, Harry Chernoff, always remembered to put my name in when it was my birthday and for other special personal occasions. *The Island Current* has special meaning to me and my family.

Leonard Smith

City Island resident for 25 years; investment advisor, involved in maritime activities



When I was eight years old, I paid my first visit to Nevins and Minneford Boat Yards, and I'll never forget how impressed I was. Often I get that same feeling of being impressed from different issues of *The Island Current*.

I find *The Current* an excellent source of local news not otherwise reported anywhere. It helps keep me in touch with local events and activities in the community. Every place is unique, but few are both unique and interesting. I find that City Island is one of those few places. What makes City Island unique to those who know it and love it are the warts and lumps and bumps on the personalities of many of us who choose to live here, as detailed in *The Current*.



Felicia Ambrose, M.D.

City Island resident for 11 years; assistant attending physician, Department of Rehabilitative Medicine, Division of Traumatic Brain Surgery, Mt. Sinai Hospital

I think it's wonderful that the Island has its own newspaper, because it really builds a sense of community for people like myself who work off the Island. Because of the paper, I still feel in some way a part of the community because *The Island Current* lets me know what's going on even when I'm not around.

One issue that made a strong impact on me was the one about Alice Rotello, because I knew her and she had such a positive influence on me. While tutoring my child, she helped me put things in perspective as a parent. It was good to have my relationship with Mrs. Rotello verified in print.

Laura Quagliariello

City Island resident for 28 years; retired teacher and restaurateur



As a former history teacher, I am more inclined to love it when things are chronicled. *The Island Current* represents a unique community with specific needs and interests. *The Current* has always been a loving reflection of this community. I trust the paper's staff members to pursue the stories that are of importance to City Island.

I have been a business person on the Island, and a memorable moment to me was written about in *The Current*. One Halloween the kids were offered pumpkins to be carved and decorated. These were lit and happened to be displayed in front of my store during the Halloween parade. The photograph of that event was in *The Current*. Every pumpkin that had been donated was picked up, carved, decorated and returned, displayed with lights and put on view permanently in City Island's paper.

Participation and creativity are a testament to the vitality of the City Island community as frequently featured in *The Island Current*.



Adolfo Carrión Jr.

Borough President of the Bronx

Community newspapers are the foundation of any free society. For over 35 years *The Island Current* has been that foundation for City Island. I congratulate you on this wonderful anniversary.

Richard B. Chernaik, M.D.

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Obituaries

The Current will print obituaries free of charge upon notification by a member of the deceased's immediate family. Call 885-0760 or write to P.O. Box 6, City Island, NY 10464, including your telephone number.

Marilyn Birkrem

Marilyn Birkrem of Orlando, Florida, died on Sept. 10, 2006, at the age of 61. She was being treated for complications of diabetes in North Carolina at the time of her death.

A City Islander from birth, Marilyn graduated from Public School 17 and later worked as a waitress at several Island spots, including Thwaites Restaurant and the Donut Shop. Marilyn moved to Orlando with her family in 1969. She was a retired cashier.

Daughter of the late Wilfred Cameron Wright, she is survived by her mother and stepfather, Vera and Lloyd Thompson of Orlando; her daughters, Kathleen Demas of Rutherfordton, North Carolina, and Alison Chase of Winter Park, Florida;

her brother, John Wright of Saddlebrooke, Arizona; her sisters, Judy Rauh of City Island and Teresa Wright of Orlando; her grandchildren, Cameron Chase of Orlando; Louis, Terrance (Terry), Madeline and Mark Douglas Demas of Rutherfordton; and her aunt, Dorothy Bunyan of Whiting, New Jersey, and several cousins.

A memorial service was held in Rutherfordton on Sept. 23, 2006.

Paul Hergen

Long-time City Island resident Paul Hergen died on Aug. 16, 2006, at the age of 68, as the result of an accident.

He was born on Jan. 15, 1938, in Manhattan. He moved to City Island when he was 16, and he attended Columbus High School. He worked for Con Edison for 25 years. After his retirement, he opened City Island Marine Service.

He is survived by his wife, Pat, of Carroll Street; his daughter, Amber, and son, Paul; and his daughter-in-law, Christine, as well as his sister, Clair, and brother-in-law, Phil Fitzgerald, also of Carroll Street, along with several nieces and nephews.



From EDWARD D. HEBEN, C.P.A.

Tax Law Changes

As you begin preparing for the holidays, I would like to provide you with a gift of quick information about two recent tax laws and some changes that may affect your personal or business situation. These new tax laws are the Tax Increase Prevention and Reconciliation Act of 2005, which was signed into law on May 17, 2006, and the "Pension Protection Act of 2006" that was signed into law on Aug. 17, 2006. Here are some highlights of the changes:

- The lower tax rates on capital gains and dividends were extended through 2010 (15 percent, 5 percent and 0 percent).
- The AMT (Alternative Minimum Tax) exemption for 2006 was set at \$62,550 for married couples and at \$42,500 for singles taxpayers.
- The Internal Revenue Code Section 179 \$100,000 expensing limit (inflation adjusted annually) was extended through 2009. The 2006 limit is \$108,000.
- The \$100,000 income limit for converting a traditional IRA to a Roth IRA will now end after 2009.
- The kiddie tax threshold was raised from age 14 to 18.
- The full funding mandates for most pension plans is now required over a

seven-year period.

- Higher contribution limits for IRAs, SIMPLEs, 401(k)s, SEPs, and 457 that were generally set to expire after 2010 were made permanent.
 - The Roth 401(k) plan was made permanent.
 - The saver's credit was made permanent and the income phase-out was adjusted for inflation after 2006.
 - The \$500 retirement plan start-up credit for businesses was made permanent.
 - The AGI (Adjusted Gross Income) phase out ranges for IRA contributions were indexed for inflation.
 - Non-spouse beneficiaries are now allowed to roll over distributions from a decedent's retirement plan.
 - Tax refunds can now be directly deposited into IRAs.
 - No more 10 percent early withdrawal penalties on early retirement plan distributions for certain military reservists and public safety employees.
 - The Internal Revenue Code Section 529 plan concerning favorable tax treatment involving educational tax savings benefits was made permanent.
 - Cash donations will now require bank records or written documentation from charities.
 - Charitable deductions for used clothing and household goods will be allowed only for items in "good" condition.
 - Certain IRA withdrawals directly donated to charity temporarily allowed tax-free.
- I hope you find this quick list useful and please enjoy the upcoming holiday season.

Island Life in 1971

Continued from page 3

house and she probably had the final say on our paper's name. I also have very fond memories of Yvette Silverstein (editor and gourmet, "Have wok will travel"), Barbara Towers (photos), Marie Petersen (gossip and subscriptions), Terri Sander, Sara McPherson (who later became the editor), Joe Teti, Maureen Sheridan, Bob Bruno, Myra Walsh, Tom Umbrello, Bob DeLena, Ellen Lebow, Tom McGuire, Bernard Witlieb, Mark Whitcombe (one of our artists) and more.

I'm sure I have overlooked many others, and I apologize to them and hope they too write in their memories. They really were dedicated to making this happen. We were delighted that shop owners kept advertising and clam diggers and mainlanders bought and commented on our stuff (some of the early articles definitely raised eyebrows). I admit that today's news is more informative, but we enjoyed the novelty of a new voice. I still prefer Ted Mazaika's original banner (showing the marine chart).

I loved those first issues and can recall some of the early chaos and challenges of deadlines, printing and distributing. It's more amazing to me that generations later the goals of the first paper (and of PU) live on. My sincere thanks and appreciation for all who picked up and carried the torch. No matter where I travel, I truly look forward to receiving the "news" from home and seeing familiar names, faces and places. *Current* staff Barbara, Marguerite, Karen, Marsha, Judy, Virginia, and others have become friends I never met. *The Island Current* is chicken soup for my soul. After reading articles by my brother Bill, Russ Schaller, Fred Hess and John Sheridan, I am updated on the 'hood'. I learn of neighbors who recently have been ill, married, traveled, gone off to college or had a baby. I learn about the galaxy, the movies, animals and life stories. I am reminded what a treasure City Island is, nestled within the New York archipelago. Like Dorothy, if I have learned anything over all these years, it's that there's no place like home. Can't wait for the next issue.

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1. Publication Title: The Island Current
2. Publication Number: NY 590
3. Filing Date: 10-1-06
4. Issue Frequency: MONTHLY - except Jan & Aug
5. Number of Issues Published Annually: 10
6. Annual Subscription Price: \$10.00
7. Complete Mailing Address of Known Office of Publication: 724 King Ave. Bronx NY 10464
8. Complete Mailing Address of Headquarters or General Business Office of Publisher: Same as Above
9. Full Names and Complete Mailing Addresses of Publisher, Editor, and Managing Editor: K. Nani, 724 King Avenue Bronx NY 10464

10. Owner: The Island Current, P.O. Box 6 Bronx NY 10464
11. Known Bondholders, Mortgagees, and Other Security Holders: None

12. Tax Status: The purpose, function, and nonprofit status of this organization and the exempt status for federal income tax purposes: C-S - Has Not Changed During Preceding 12 Months

13. Publication Title: The Island Current
14. Issue Date for Circulation Data: September 2006

Table with 3 columns: Circulation Category, Average No. Copies Each Issue During Preceding 12 Months, No. Copies of Single Issue Published Nearest to Filing Date. Rows include Total Number of Copies, Mailed Outside-County Paid Subscriptions, Mailed In-County Paid Subscriptions, Paid Distribution Outside the Mails, Paid Distribution by Other Classes of Mail, Free or Nominal Rate Outside-County Copies, Free or Nominal Rate In-County Copies, Free or Nominal Rate Copies Mailed at Other Classes, Free or Nominal Rate Distribution Outside the Mail.

16. Publication of Statement of Ownership: If the publication is a general publication, publication of this statement is required. Will be printed in the OCTOBER issue of this publication.

17. Signature and Title of Editor, Publisher, Business Manager, or Owner: Karen L. Nani, Date: 9/25/06

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PS Form 3526, September 2006 (Page 1 of 3) (Instructions Page 3) PSN 7530-01-000-9031 PRIVACY NOTICE: See our privacy policy on www.usps.com



Photos by JANE PROTZMAN
Kite Fest was held in Orchard Beach on Sunday, Sept. 17, sponsored by the NYC Department of Parks & Recreation. The event was well attended by both professional and amateur kite flyers. One Islander joked that Ben Franklin was there to give a talk. The offshore breezes cooperated and kites took flight making for a colorful display.



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Happy 25th birthday wishes on Oct. 9 to Michael Jawski Jr., with love from Mom, Dad, Jason and Nana.

Belated happy birthday on Sept. 26 to Fordham Street's Annette Lopez, with love from her "Girlie Pearlies" Alanis. And also congratulations to my mom on her new job as a surgical technician. I am so proud of you!

Happy October anniversaries to Judy and Mike Rauh, John and Linda Wright and Mike and Roseann Bunyan.

If you are running in the New York City Marathon, or any fall marathon, please call Judy Rauh at 885-2079. We'd like to take a group photo for *The Current*.

Happy 20th birthday on Oct. 29 to former Carroll Street resident Sunjay Sebastian with love from your friends and family.

Best wishes for a lifetime of happiness to Jay and Norma Howard, who were married at Trinity Methodist Church on Aug. 26. A pirate wedding reception followed at the Fordham Street Beach Club.

Congratulations to Ed Heben, who was appointed an accredited business valuator (ABV) by the American Institute of Certified Public Accountants.

Best wishes for a speedy recovery to Captain Ed Sadler, who is recovering from hip surgery after a fall in September.

It's a boy! Congratulations to Waldo and Sarah Persteins, who are the proud parents of Alexander Henry, born Sept. 7. The new addition was named after Sarah's great-grandfather Henry and also for Alexander Hamilton, whom Waldo, an American history buff, has long admired. Proud grandparents are John and Dee Persteins.

Shared anniversary wishes on Oct. 2 to Bob and Jackie Kall, who are celebrating their 58th and also to Irene and Dan Hickey, the couple who were introduced by Jackie



Photo by Sissy Florio

Norma and Jay Howard, in full pirate attire, at their wedding reception on Aug. 26, 2006, at the Fordham Street Beach Club. The wedding was held at Trinity Methodist Church.

in her office. The Hickeys not only celebrate their second anniversary but welcome their new baby boy, Peter.

Happy birthday to Hawkins Street's Charles Lacina on Sept. 18. Also, anniversary wishes to Charles and his wife, Natalie, on Sept. 30.

Happy birthday across the sea on Oct. 1 to Nicole McIntyre, with love from the McIntyre, Devlin and Butterworth families. Nicole, a graduate of P.S. 175's class of 2000, is now a Junior at Richmond College in London, England.

Maria Swieciki



Photo by ANN BARTEE

The Rt. Rev. Mark Sisk, Bishop of New York, visited City Island's Grace Episcopal Church on Sunday, Sept. 24, and baptized Andrew Alexander, the son of the vicar, Rev. Patricia Alexander, seen above with her husband, Randy Alexander, pastor of Christ Church in Pelham.

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